

Bowmanville Bee

The Bowmanville neighborhood is bordered by Foster, Rosehill Cemetery, Ravenswood and Western. Visit our website at www.bcochicago.org



Holiday 2008

Who's who in the BCO

OFFICERS

President
CRAIG HANENBURG
President@bcochicago.org

Vice President
CLAIRE SHINGLER
VP@bcochicago.org

Secretary
JOHN PARAOAN
Secy@bcochicago.org

Treasurer
SHERRI FARRIS
Treasurer@bcochicago.org

BCO BOARD

Gail Clark
BA Church
Elizabeth Gabbard
Mandel Goodkin
Jeff Graves
Jim Hannon
John Maloney
Eloise Reimer
Debbie Rooney
Paula Sankarsingh
Jim Yorton

COMMITTEES

Events
LEAVETT WOFFORD
Events@bcochicago.org

Gardening
BILLY KUCZEK
Gardening@bcochicago.org

Membership
ALEXA REIMER DUNN
Membership@bcochicago.org

Planning and Development
JEFF GRAVES
Planning@bcochicago.org

Communications
Open
Comm@bcochicago.org

Bowmanville Bee
CINDY BURGIN
News@bcochicago.org

BCO Bowmanville
Community
Organization
www.bcochicago.org
1-866-837-1006

Message from the President ~ Craig Hanenburg

I hope everyone in Bowmanville has a joyful Holiday season in this most challenging time and finds hope, community, and cheer!

As I reflect on this past year as president of the BCO, I am thankful for the many Bowmanville neighbors who have volunteered their time as board and committee members. My vice president Claire Shingler is outstanding in her thoughtful assistance to me and her approach to building the organization. This was the 20th year for the BCO and we accomplished some great goals. Last year I requested your help by asking you to share your ideas and concerns with me and any other BCO board member. We have received many helpful comments and ideas that have guided our meetings with Alderman O'Connor and helped the BCO serve you as members of the Bowmanville community.

The Membership Committee created the "Membership Makes It Happen" campaign and hosted our general meeting in April with "Pasta for ALL" and "Meet the New Neighbors Social" at Let Them Eat Chocolate in May. Another new initiative, the successful Kids Rewards, was spearheaded by Liz Gabbard. The efforts of this committee, led by Alexa Dunn, resulted in the growth of our membership, an increase in awareness of the BCO, and community involvement in caring for others with a food drive for "Care for Real".

Jeff Graves of our Planning and Development Committee swung into action when the controversy regarding a zoning request for RSI Towing erupted. The special community meeting held in March was instrumental in gathering information for the community and working with Alderman O'Connor who deferred this zoning request. RSI has subsequently dropped their application for a zoning change.



Message from the President cont'd. - Page 3

~ Inside this Issue ~

BCO Membership on Track for Record High in 2008.....	2
Chappell Elementary School Needs Local Volunteers.....	6
Winterizing Tips for Your Home.....	8
Who's Who in Rosehill	10
Parks, Open Spaces and Zoning.....	11
Seeking Seniors Now for Free Home Repair.....	12
Recycling Christmas Trees	13

BCO Membership on track for Record High in 2008

As we come to the end of the term for the 2008 BCO board of directors, we are taking stock of our activities and accomplishments. This year, as a result of taking on an ambitious workload, the BCO and our Membership Committee have been rewarded with landmark success. The Membership Committee conducted a vigorous membership drive and had a strong presence at all of the great BCO events in 2008 resulting in 46 new members between January and September. This puts us on track for a record high in BCO membership at year-end, including a record high number of renewals. This level of membership support speaks to an appreciation of the hard work of the BCO, and also the strong interest of residents to be a part of our Bowmanville community family. We continue to get feedback about how this neighborhood is a great place to live and how people appreciate the small town feel and sense of belonging fostered by neighbors and the BCO.

Highlights for the membership committee in 2008 included an April Open meeting like none other, featuring dinner, music for the kids, and the launch of the official Membership Drive. Another great membership event was the first 'Meet the New Neighbors' social. Great thanks to Membership chairperson Alexa Dunn, and committee members Liz Gabbard, Claire Shingler, Betty Redmond, John Maloney and Eloise Reimer, for all of their hard work and dedication.

The membership committee is always looking for residents of our community to become involved with the BCO and to help bring others into the fold. **The committee meets on the 2nd Monday of each month at 7:00 p.m.** Anyone interested in participating on the membership committee (whether or not you are currently a BCO Member) should contact Alexa Dunn at membership@bcochicago.org. Alexa continues as Membership chairperson for 2009. We look forward to continued success in building the strength of BCO membership.



The BCO is looking for volunteers to help with membership outreach, events, planning, bookkeeping, development, gardening, the newsletter, etc. If you're interested, or just want to find out more, please contact any of the officers or committee chairs listed in this edition of the Bee.

Bowmanville's Newest Addition



Just Arrived

Ellyanna Parous Stearn

October 24, 2008

Weight: 6 pounds, 8 ounces

Length 19.5 inches

Proud Parents - Elba Acevedo & Bob Stearn

Countdown to Digital Reminder...

This article was originally published in the Spring 2008 Bowmanville Bee, but we are rerunning it due to its timeliness.

At midnight on **February 17, 2009**, all full-power television stations in the United States will stop broadcasting in analog and switch to 100% digital broadcasting. Your options are:

1. Keep your existing analog TV and purchase a TV converter box. A converter box plugs into your TV and will keep it working after Feb. 17, 2009, or;
2. Connect to cable, satellite or other pay service, or;
3. Purchase a television with a digital tuner.

The Congressional TV Converter Box Coupon Program for households wishing to keep using their analog TV sets after February 17, 2009 allows U.S. households to obtain up to two coupons, each worth \$40, that can be applied toward the cost of eligible converter boxes.

For more information, apply for a coupon, or get a list of converter boxes available in this program, visit www.dtv2009.gov.



DeBITES

Delicious edibles catered to you!

Deborah Witter
Chef & Owner
773.989.0540
Debites@aol.com

CALL A CATERER WHO'S PASSIONATE ABOUT
HER BUSINESS & YOUR EVENT!

Bowmanville residents who mention this ad will receive a 10% discount!

Happy Face Child Care, Inc.

Quality Home Day Care

Felice Levin
Owner

1951 W. Berwyn Ave.
Chicago, IL 60640

Phone: 773-334-8834

E-mail: levinf@prodigy.net





Message from the President - from page 1

The annual BCO Yard Sale in June was again a great success. Barb Wolke was chairwoman again this year and we were able to advertise the sale in many local news services and on the web. The 10th anniversary of the Bowmanville Garden Walk was in July and was a huge success. We had UIC Master Gardeners offering their advice to the participating garden exhibitors, and visitors had the opportunity to chat with UIC Master Gardeners at the "Ask a Master Gardener" table. This was also the second year for the Garden photo contest. The many visitors to the event voted for their favorite, and this year Tom Kennedy's photo of the bench in the Bowmanville garden was the winner. Look for Tom's photo in the publicity for the 2009 Garden Walk.

This past August we tried something new with the Ice Cream Social; we held the event on a Sunday. The day was perfect and the turnout was one of our largest gatherings of Bowmanville residents. New members Joe Toups and Keith Lamberg co-chaired the event and with many volunteers served up a delicious memory.

If you were able to attend the Halloween event on Oct 25th, you know what a great day we enjoyed. Sue Wallner served as the chairman of the planning committee and her team of fun masters conjured up games and activities including six or seven scarecrows created by the children. Thank you Eliza Fournier for the straw used for the scarecrow stuffing and many of the supplies that made the party a success. Sue had a great group of volunteers!

I would like acknowledge the excellent and transforming leadership of our retiring Communications Committee chairman, Scott Galassini. Scott ran this committee for four years and was responsible for initiating the BCO Toll-Free information line, and the "e-Bee" newsletter. Communication has always been an important BCO mission and Scott has helped advance and solidify our efforts to keep you all informed.



The BCO Gardening committee was very successful this past year. The Westgate Garden at Berwyn and Bowmanville was expanded and now hosts one of the "Welcome to Beautiful Bowmanville" signs. Bill Kuczek, as chairman, worked with his team of volunteers and secured a GreenNet grant for the BCO. This grant was used to improve sustainability of our community gardens, including road salt protection screening for the winter months. Betty Redmond presented plans for the expansion of the Gateway Garden on Balmoral and Ravenswood to the community, and received a NeighborSpace grant. We hope to see the expanded garden next summer.



On a more somber note, Bowmanville mourned the loss of long time resident Tom Griffin. Tom was an avid gardener and constant supporter of the BCO. We miss him.

I am very grateful to live in Bowmanville because of the close contact of the people here who genuinely look out for each other and create a network of friendships and support. We are a highly respected north side Chicago neighborhood civic organization of which you, as a Bowmanville resident, can be proud. I hope you will take advantage of the BCO services and come to our general meeting coming up on February 19, 2009. I encourage you to get involved - it is a great way to gain new friends and make a difference in your neighborhood and meet local government representatives. This past year we were honored to host Cook County Commissioner Michael Quigley and Senator Heather Steans as speakers at our general meetings.

On the left border of the front page you will find the names of all the BCO board members and committee heads. It is a great group and I feel lucky to have such a terrific team.

BCO Open Meeting
Need some green in your pocket?
...then come visit us at the bank!

February 19, 2009
7:00 PM
North Community Bank
5241 N. Western Avenue

The theme of the first BCO Open General Community meeting of 2009 will be **Money in the Bank from Green Living**. This meeting will be chock full of money-saving green ideas. Come listen to Kris Neurauter who is a green design consultant for the architecture firm Gensler and teaches a sustainable design course at the School of the Art Institute. A LEED accredited professional, she has worked on over 30 green building projects as diverse as branch banks, corporate headquarters campuses, and car dealerships.

Eco-friendly and energy efficient topics will be addressed, all in order to help save you money and reduce your carbon footprint. Come join us for these hot green topics and relax with some green food and drinks! Those not attending will be green with envy!

Questions? Call - The BCO Hotline **1-866-837-1006**
BCO@bcochicago.org

All BCO residents are encouraged to attend! ❄️

Nadeen Kieren
Shopkeeper



Get Your Green Gifts at GreenSky!

At the corner of Ashland & Balmoral
(under the green & black striped awning)

Eco Furniture ▪ Local Artists ▪ Birdhouses ▪ Decorative Arts
▪ Bamboo Towels ▪ Cool Handbags ▪ Unique Jewelry

Thurs/Fri/Sat 11-7pm & Sun 12-5pm 5357 N. Ashland
www.greenskycompany.com (773) 275-1911



the
Atlantic
Bar & Grill

5062 N. Lincoln Ave.
773-506-7090
www.theatlanticbar.com

Super Bowl Party



Sunday, February 1, 2009
5:00-9:00 PM

\$40 Tickets for an OPEN BAR with a hot and delicious
PIZZA and PASTA buffet.

Watch the BIG game on one of the 8 flat screen TVs
or on our BIG projector screen!

Please welcome our NEW CHEF for the
NEW YEAR with a NEW MENU!



Check our web site for:
Daily Specials and the Full Menu!
Live Music Lineup
Pub Quiz, Darts, and Bag Toss Events
Other Special Events



The Atlantic Bar & Grill...
has a large Projector Screen and 8 flat screen TVs!
sponsors Sport Teams!
has Chicago Bears, Cubs, and Sox Party Specials!
is home of the Glasgow Celtic Supporters Club!
has a Private Party and Special Events Room!



Joan Frausto-Majer
REALTOR

Sudler

Sotheby's International Realty

c 773-612-5994 d 312-981-3579
t 312-943-1980 f 312-943-9771

joan.fraustomajer@sothebysrealty.com
www.sudlersothebysrealty.com

Each Office is independently Owned and Operated

Long-time
Bowmanville
Resident

Bowmanville Voters Turnout in Large Numbers

By Laura Sabransky



Hailed as the most important election in modern times, Chicago voters were poised to participate in this year's general election in record-breaking numbers, and they did. Almost 74 percent of those registered voted city-wide. Approximately 82 percent of Bowmanville's registered voters who live in the 23rd, 40th and 45th precincts of the 40th Ward voted, including early voting and on November 4, 2008.

The excitement and anticipation of the general election, with Chicago's own Barack Obama as a presidential candidate, was reinforced by what seemed to some as encouragement and possibly endorsement, by Mother Nature herself. Election day was unseasonably sunny and warm, with some poll workers wearing shorts instead of their usual winter coats.



"The high turnout had been building over the last four years. People in Bowmanville who've spoken with me have expressed dissatisfaction with the president during the past eight years, and they were very excited about the top of the ticket this year. There were lines at the polling places at 6 p.m., which is something we like to see, and everyone waiting was cheerful," says Bob Knack, captain of the 23rd precinct.



There was also a large increase in the number of Bowmanville residents who registered to vote. "A lot of people who had been non-voters in the past came out in this election and were excited about it. We registered about three times the amount of voters compared to other general elections. As the neighborhood has become more diverse, so is the group who registered," says Knack.

Certainly, one of the most oft-discussed and analyzed voter blocs leading up to this election was younger people. This election marked a discernable shift, with voters age 34 and younger increasing to 34 percent of the Chicago electorate, while the number of voters age 55 and older declined, compared to the February primary.

One of Bowmanville's younger voters, Pete Jozwiak, age 19, voted in a presidential election for the first time. "People like me don't have much to say about the government, so I thought that voting was the least I could do." "I was excited that Obama won. It seemed to lighten the mood."



Things are definitely looking up. This year's 23rd precinct polling place was in the art gallery next to Leadway Liquors on Damen, which was, according to Knack, "a big improvement" upon where it was years ago, in the basement of the 23rd precinct police lock-up. "That," says Knack, "was pretty grim."

Bowmanville goes GREEN with “BCO BIG BAG” Project and Design Contest!

PROBLEM: According to environmentalists, current reliance on plastic bag use is creating a significant environmental problem: plastic bags are used and then disposed of, causing a major increase in waste. Plastic takes forever to decompose and it will never go through the process completely.

SOLUTION: The BCO has found a sturdy, reusable bag. The BCO BIG Bag is far larger than the existing counterparts on the market today. Bigger than paper bags and nylon plastic bags, they are 24 percent larger when compared to standard bags that are currently offered in various stores.



With the help of a local BCO gallery, Avram Eisen Gallery, a design contest is being held for the printing on the bag. Put your creative cap on and submit your design idea to the BCO. If you are interested, please send your 7" wide by 15" high black and white (no shading) line art design (electronic or hand rendered) to Avram Eisen Gallery at 5202 N. Damen Ave. or email them to avrameisengallery@yahoo.com. The winning design will have the BCO information added to the bottom of the design, but if you want to incorporate the BCO name or letters into your design that is fine too! The winning design will be printed on the bags, and the BCO will be selling them at a very low cost!

Designs must be submitted by January 9th and the contest entries will be available for an exciting Open House viewing at Avram Eisen Gallery at 5202 N. Damen Ave., on Wednesday, January 14th from 6:30 to 8:30 PM. We are also looking for community people, that have a strong background in design and advertising, to judge the contest. If you are interested in being a judge please contact Avram Eisen at 773-271-3008 or avrameisengallery@yahoo.com.

Also mark your calendar for another January gallery Open Reception, TWO DREAMS: artwork by Danny Vu & Rick Lapidus, which will take place on Friday, January 9th from 5:00 to 9:00 PM at Avram Eisen Gallery. This show runs through the entire month of January.

Bowmanville Gardeners braved the cold on December 6th!

On a snowy Saturday this December Billy Kuczek, Ed Wolke, Roy Ahlgren, and Jean Swoboda were out installing protective salt barriers for our community gardens. The project is part of the garden sustainability project funded by the grant from GreenNet.



Drake & Son Funeral Home

5303 N. Western Avenue
Chicago, Illinois 60625
(773)561-6874

Funeral Directors:
John M. Belovich
Bob Hinkey
David McKee
Melvin R. Liden



Drake & Son Funeral Home is owned by
SCI Illinois Services, Inc.

Chappell Elementary School Needs Local Volunteers

Under the leadership of Principal Joseph Peila, great new things are happening at Chappell Elementary School, on Foster Avenue. However, with tightening budgets on the horizon, Chappell is looking for more volunteers to support their student community, even if you don't have a student attending there. The BCO is partnering with the school to assist in letting the community know how much your help is needed. The Chicago Public Schools require a background check for volunteers who help out for more than six hours per week, or on an ongoing basis. If you do want to volunteer for more than six hours weekly, please stop in the office and complete a CPS Volunteer Packet. Some of the activities that require a background check are marked with an asterisk (*) below.

Please check off your areas of interest and return this form to the school office. We will contact you as needed.
Most of these activities are "one-time events" and would not require a background check.

☐ Book Fair Helper – Assist with setting up and taking down the fair; help students select books.

☐ "Call Me" – Be available if Chappell needs help with another activity.

☐ *Classroom Helper – Assist teacher with classroom activities.

☐ Family Math Night Helper – Assist with games and other activities.

☐ Fun Fair – Assist with games and other activities.

☐ *Parent Patrol – Assist with supervision before school (8:30-9 a.m.) and after school (2:40–3 p.m.).

☐ Picture Day Helper – Escort classes to the gym for photos; work with teachers to supervise students.

☐ Popcorn Day – Make, bag and deliver popcorn to students.

☐ *S&P Parent Helpers – Assist with students who have severe and profound disabilities.

☐ Saturday Open Gym – Supervise students for open gym (about 1 hour).

☐ Spring Musical – Collect tickets, distribute programs, work backstage.

☐ Other _____

Volunteer Name _____ Daytime Phone _____

Student Name _____ Evening Phone _____

Chappell School is located at the intersection of Foster Avenue and Leavitt and services the Elementary School needs of the Bowmanville Community.



New Math Programs Add Up To Success at Chappell Elementary School!

By Joe Peila, Principal

Chappell's new K-5 Everyday math and 6-8 Connected Math materials have arrived and are being used every day in our classrooms! Parents will see evidence of these new math problems being sent home as completed student work and homework. Both programs align with the Chicago Math Initiative and State of Illinois Standards for Learning.



Everyday Math and Connected Math capitalize upon student interest to maximize student learning. They are based on problem-solving and provide opportunities for concrete modeling as a pathway to abstract understanding. Both programs also integrate collaborative learning and cross-curricular applications. Integral to both programs is the ongoing teacher professional development. All Chappell teachers using either programs have attended a summer learning institute and will attend five all-day training sessions during the school year. Research shows a strong correlation between this teacher training and student success with the new materials.



Share the Holiday Spirit ALL year LONG



Times are hard all around, and many families are forgoing holiday gifts for themselves in order to make charitable donations, instead. If you're looking for ways to share your holiday spirit, here are a few suggestions that will aid local efforts to bring holiday cheer to those in need.

Care for Real – A broad spectrum of social services are provided by Care for Real. Contributions of food, clothing, housewares, furniture and cash are accepted.
6044 N. Broadway
773-769-6182



Stone Soup Cooperative – provides meals and housing for those in need. Food and cash donations are accepted.
4637 N. Ashland
773-561-5131

Inspiration Café – provides meals and training.
4554 N. Broadway
773-878-0981



Christopher House – Helps children, families, and individuals in need help themselves through integrated social, educational, and human service programs.
2507 N. Greenview
773-472-1083



Personal Notes from Chappell Elementary School Students



My name is Zair V. I am a third grade student at Chappell. This year I learned how to make a graph. Graphs are fun to make because you collect data. You use the data to make the graph. Once I did a graph with data. The data was using goldfish crackers. This kind of graph is called a pictograph. I made tally marks to represent the numbers in each group of colors. I put the goldfish on the graph. I colored one space for each goldfish color. I wrote numbers and the name of the colors on the graph. When I recorded the data I ate the goldfish.



My name is Kevin Z. I am a third grade student at Chappell School. This year I learned Science because Science is so much fun, especially when I do my science fair project. My science project is a greenhouse. A greenhouse is two cups of clear plastic, and two thermometers, and one cup has to be uncovered and one covered. Then I have to leave it for fifteen minutes. Then I read it to the class. The air of the earth traps heat from the sun, just like the roof of the greenhouse. This is called the greenhouse effect. Next, the class asked questions about what happened when I was finished with my experiment. What happened is the two cups that had the thermometers inside, the temperatures changed.



I am in third grade. My name is Marissa J. The lesson I like the most was Math boxes. It was very fun learning how to make a fact family. When my teacher Ms. Keith told me we were going to make fact families I was excited. When the teacher said we are going to make a fact family alone I was very happy. The fact family I wrote was $14+2=16$, $2+14=16$, $16-14=2$, $16-2=14$. Then when I gave it to my teacher I got an A+ for what I wrote! I thank my teacher for teaching me how to make Math boxes.



I am Emily S. I am in 3rd grade at Chappell School and I like to learn new things at school, especially Math and Science, also I like computer class. It's very interesting to learn how to use a computer, and important to know how you can make any project on the computer. Science is an interesting subject because I can learn how to write about nonliving things and living things and how does the earth move around the world. Math is an important subject too, because I learn addition and subtraction and I can use any numbers and solve any kind of math problems.



My name is Erica A. I am a third grade student at Chappell School. This year I learned about the seven continents around the world like Africa, Europe, Australia, and Antarctica. Ms. Keith Showed us the United States map so we can make our own United States map too. We labeled the states and the capitals.



Winterizing Tips for Your Home

The fall equinox is a good time of year to start thinking about preparing your home for winter, because as temperatures begin to dip, your home will require maintenance to keep it in tip-top shape through the winter.



Here are five tips to help you prepare your home for winter:



1) Furnace Inspection

- Call an HVAC professional to inspect your furnace and clean ducts.
- Stock up on furnace filters and change them monthly.
- Consider switching out your thermostat for a programmable thermostat.
- If your home is heated by a hot-water radiator, bleed the valves by opening them slightly and when water appears, close them.
- Remove all flammable material from the area surrounding your furnace.

2) Check the Exterior, Doors and Windows

- Inspect exterior for crevice cracks and exposed entry points around pipes; seal them.
- Use weather-stripping around doors to prevent cold air from entering the home and caulk windows.
- Replace cracked glass in windows and, if you end up replacing the entire window, prime and paint exposed wood.
- If your home has a basement, consider protecting its window wells by covering them with plastic shields.
- Switch out summer screens with glass replacements from storage. If you have storm windows, install them.

3) Inspect Roof, Gutters & Downspouts



- Chicago winter temperatures frequently fall below 32 degrees, so adding extra insulation to the attic will prevent warm air from creeping to your roof and causing ice dams.
- Check flashing to ensure water cannot enter the home.
- Replace worn roof shingles or tiles.
- Clean out the gutters and use a hose to spray water down the downspouts to clear away debris.
- Consider installing leaf guards on the gutters or extensions on the downspouts to direct water away from the home.

4) Install Smoke and Carbon Monoxide Detectors



- Some cities require a smoke detector in every room.
- Buy extra smoke detector batteries and change them when daylight savings ends.

- Install a carbon monoxide detector near your furnace and/or water heater.
- Test smoke and carbon monoxide detectors to make sure they work.
- Buy a fire extinguisher or replace an extinguisher older than 10 years.

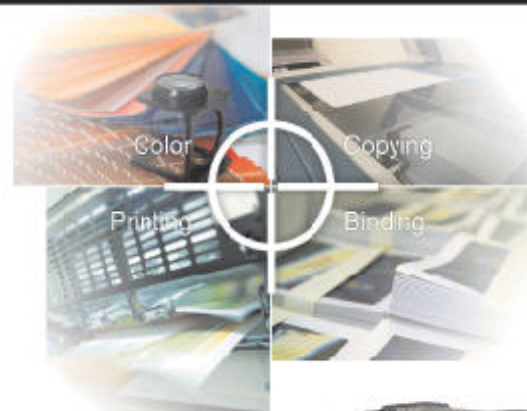


5) Prevent Plumbing Freezes

- Locate your water main in the event you need to shut it off in an emergency.
- Drain all garden hoses.
- Insulate exposed plumbing pipes.
- Drain air conditioner pipes and, if your AC has a water shut off valve, turn it off.
- If you go on vacation, leave the heat on, set to at least 55 degrees.



For all your copy and printing solutions!



- FULL COLOR PRINTING
- COLOR COPIES
- BLACK & WHITE COPIES
- BANNERS
- HIGH SPEED DUPLICATING
- BINDING • MAILERS
- POCKET FOLDERS
- FULL COLOR POSTERS



allied print & copy

"Where Quality Meets Service"

5545 North Broadway, Chicago, IL 60640

Phone: 773.334.5200

F 773.334.5157 E info@alliedprintandcopy.com www.alliedprintandcopy.com



Chiropractic for Life 5138 N. Clark 773.878.8933

Snow Rules, Hazards – and Benefits

By Russ Klettke

Wasn't it perfect that our first snow came on December 1 this year? It's a great beginning to the holiday season, even if you're the person stuck with shoveling it. And stuck you are. **The city requires it**, it's good exercise – and potentially dangerous to your health. Lest there be any



disagreement on the matter, I did the Googling for you: City of Chicago Municipal Code (Chapter 10-8) "Use of Public Ways and Places, 10-8-180 Snow and ice removal," says that for every property, someone (owner, lessee, tenant, occupant, or other person having charge of the building) **is required to cut a five-foot-wide path on the sidewalk to ensure safe walking for all**. And, there are time mandates: remove daytime snow before 4 p.m., or by 10 a.m. if it fell in the night. On Sundays, you have to tackle the job within three hours.

So in Chicago, the code says you can be late for work in the morning, and you must leave work early, but it's okay to watch the Bears play first. This is a great city. The municipal code does not elaborate on the degree to which this code is enforced or if there are penalties. You could take comedienne Phyllis Diller's approach ("Cleaning your house while your kids are still growing is like shoveling the sidewalk before it stops snowing") and probably get away with it. But the spirit and intent is clear: clear your walkway so children, adults, the infirm and elderly are better able to get out and about.

If you are in relatively good health, manual shoveling (i.e., no machine) done properly is great exercise. You will burn 300 to 500 calories in an hour, and if done regularly (remember last winter?) it can contribute to muscle building. But snow shoveling can also cause backaches, slip-and-fall accidents and cardiac arrest. Here are tips for avoiding such problems:

- Most at risk for **heart problems** are people who've already had a heart attack or a history of heart disease, persons with high blood pressure and high cholesterol, smokers and anyone with an otherwise sedentary lifestyle. Snow shoveling is sudden, vigorous activity that can shock the heart. Better to warm up by stretching, walking around a bit in the cold air outside, then start with moderate, modest shoveling. Take frequent breaks and drink plenty of fluids.

- Anyone with **lower back** issues could use an ergonomic snow shovel, featuring a curved or adjustable handle; also, warm up and stretch the back and hamstrings (backs of legs) first. A safer shoveling technique involves pushing snow instead of lifting, when possible. Lift more with the leg muscles than the back (squat a little, push up with legs as you

raise the shovelful of snow), keep the load light, pivot the whole body to dump the load (do not twist at the back), and don't attempt Olympian tosses – just walk to the spot where you pile the snow, and wear skid-resistant shoes to prevent slip-fall accidents.

Of course, you earn Bowmanville Brownie Points if you shovel a neighbor's walk, particularly those who can't do it themselves. I'll repeat: it's 300 to 500 calories per hour.

Russ Klettke is a Bowmanville resident, certified fitness trainer, author of "A Guy's Gotta Eat, the regular guy's guide to eating right" (Marlowe & Co. 2004), and creator of a blog on exercise and electricity generation, www.HumanCurrent.com.

(773) 293-4420
www.pawsclawstails.org

PAWS & CLAWS

5015 N. Western Ave.
 Chicago, IL 60625

Linda Davis
 Cindy Hannon

Doggie Daycare
 Boarding • Grooming
 Training

* PAWS & CLAWS *

5015 N. Western Ave. Chicago, IL 60625
 (773) 293-4420
www.PawsClawsTails.org

DOGGIE DAYCARE
GROOMING
BOARDING
TRAINING

GROOMING DOGS & CATS or SELF WASH

PET TAXI SERVICE
🐾
PET PHOTOGRAPHY

Bring this coupon in for

\$5.00 OFF

Your first visit

woof!

Andersonville

Physical Therapy and
Pilates Studio

5414 North Broadway Street
 Chicago, Illinois 60640
 (773) 907-3599
 Fax: (773) 907-3510
www.andersonvillept.com

Locally owned and serving the Andersonville community since 1999!

- One-on-one treatments with experienced physical therapists.
- STOTT PILATES® mat classes and equipment sessions.
- Free injury screening.

All major insurances accepted.

Gateway Garden Expansion Moves Forward!

By Betty Redmond



You've heard of the expression "good things come to those who wait", and it couldn't be truer than when applied to the BCO's efforts on behalf of expanding the Gateway Garden (on the west side of Ravenswood at Balmoral). Readers of the Bee may remember previous editions of the Bee, where we recorded the destruction in the garden (on two separate occasions by the railroad, once by People's Gas, and the recent installation of the new sidewalk) and when we announced that the BCO had received a grant from NeighborSpace to expand the garden to the vacant lot. The grant enabled NeighborSpace to acquire and insure the property on our behalf, and provide a watering system, while the BCO would provide opportunities for installing a mixed-use community vegetable garden. Unfortunately, the title holder of the property, W. O'Neill, never responded to several appeals from NeighborSpace. We thought our plans had come to a halt.

So what's the good news? During the construction of the Ravenswood sewers, street, curbs, street lamps and landscaping, several trees were planted on the vacant lot. This prompted inquiries to Alderman O'Connor's office from the BCO, and concerned neighbors, as to why the city would plant trees on private property. Thanks to the work of Bob Newton, in the 40th Ward Office, we learned that, per something called the Eighty Acre Map of the city's right of way, 25' of land from the street, east toward the railroad embankment, actually belongs to the City of Chicago as parkway! Alderman O'Connor indicated that he would support our request to use this city property, and requested that the BCO submit to him new plans for the garden which would include the new parameters of the space and accommodate the new trees, which will remain in place. Neighbor Robert Swislow swiftly revised our garden plans and they have been submitted to Alderman O'Connor and to NeighborSpace. The BCO Garden Committee can now begin to apply for more funding, from places like Chicago Department of Environment's Greencorp, and Chicago Conservation Corp (C3).



With the completion of the street project, and the expansion of the Gateway Garden, we will have not only a community vegetable garden, and a place for community members to stroll and enjoy a bit of 'mother earth', but also a lovely space for future community events. **The garden committee needs more volunteers as we begin to make this dream project come true! Project volunteers will have an opportunity to take free gardening classes at Greencorp's Center for Green Technology, and will meet and network with other community green volunteers from around the city. We welcome continued input as we fine tune the plans for the space. Please join the expansion team, and share your ideas and energy with us. Contact betty.redmond@sbcglobal.net or gardening@bcochicago.org, to volunteer or to learn more about the garden plans.**



Who's Who in Rosehill Cemetery

Part Two: A. Montgomery Ward

Aaron Montgomery Ward is probably best remembered as the merchant who invented the mail order catalogue sales business, which enabled thousands of residents in young, rural America to obtain the latest merchandise with a "Cash-on-Delivery" policy. This unique idea of catalogue sales helped the country grow and prosper, and made the Montgomery Ward Company one of the largest retail firms in the nation. Yet, Montgomery Ward is also known as the man who had the vision and courage to fight to preserve Chicago's "forever open, clear and free," lakefront park systems, thus making Chicago one of the most beautiful cities in the world.



A. Montgomery Ward was born on February 17, 1844 in Chatham, New York. Ward's family moved to Niles, Michigan when he was 9, but life was never easy for the family. His father was a cobbler of modest means, and, too often, the family had difficulty in making ends meet. Ward left home at age 14, and worked as a stock boy at a general store in St. Joseph. After moving to Chicago and working for Marshall Field for two years, he became a road salesman for a St. Louis wholesaler. It was when he was on the road, talking to struggling farmers that he hit on the idea of developing a mail-order catalogue business, selling directly to rural customers for cash. Ward returned to Chicago, and published his first catalogue on a one-page sheet in 1872, quickly seeing his company grow tremendously.

After the great Chicago Fire of 1871, much of the debris from the ruins of the city was dumped along the lakefront at the Illinois Central railroad tracks, creating new landfill. By 1890, this prime real estate was still a muddy mess, but "progress," in the name of development, was being proposed by civic boosters for this site. Mayor Cregier and the City Council wanted to build a civic center on the landfill, as well as a new city hall, a post office, a police station, a power plant and stables for city garage wagons and horses.

Over the next 20 years, Ward took the city to court to prevent the construction of any buildings east of Michigan Avenue. His efforts to stop this unbridled development incurred the enmity of many civic leaders, businessmen, and politicians, as well as the Chicago Tribune, which saw his steadfast stance as an impediment to Chicago's growth.

Exhausted from the fight for lakefront preservation greatly weakened Montgomery Ward's health. Shortly after a fall, which resulted in a broken hip, he developed pneumonia and died on December 7, 1913 at the age of 69.



Parks, Open Spaces and Zoning

By Ellen Jurczak

The conversion of a portion of Rosehill Cemetery into a nature center has been in progress for several years now. During a recent meeting between the BCO and Alderman O'Connor, it was mentioned that playground equipment such as a swing set might be included in this area. Some Bowmanville residents believe a nature center conflicts with the purpose of a cemetery although activities such as bird-watching and hiking already take place. Many more residents find the idea of playground equipment at a cemetery disrespectful and at odds with Rosehill's main purpose. Understanding Chicago zoning ordinances is helpful in figuring out which structures and activities will be permitted in this area.



Each of these classifications allows for certain uses with POS-1 allowing the most uses and POS-4 the least. Section 17-6-0203-E of the Municipal Code includes a Use Table, which lists the uses allowed in each classification. The uses include activities such as daycare, golf and food sales and structures such as batting cages, playgrounds and swimming pools. The Chicago Park District Board of Commissioners ultimately decides which uses are permitted in each park and open space.

The only activities allowed in cemeteries are cemeteries and mausoleums, utilities and wireless communication facilities. Natural areas can include the following: arboretums and botanical gardens; beaches; canoe and boat launches; fishing piers; forest or nature preserves; passive open spaces; trails for hiking bicycling, or running; and utilities. POS-1 and POS-2 include dozens of activities including playgrounds.

The zoning ordinances for parks and open spaces (POS) are in section 17-6 of the Municipal Code of Chicago (<http://www.chicityclerk.com/municipalcode.php>). The purpose of this zoning district is to "preserve, protect and enhance lands set aside for public open space, public parks and public beaches." There are four types of POS classifications:

- Regional or Community Park (POS-1)
- Neighborhood Park, Mini-Park or Playlot (POS-2)
- Open Space or Natural Area (POS-3)
- Cemetery (POS-4)

Hi neighbors,

I would just like to express my sincere Best Wishes and a Happy 2009 to the Bowmanville Community. This is the season to reflect and be glad for being surrounded by such great Neighbors.

As 2009 progresses, look for this ad in future Bees. I'll be providing you with interesting Bowmanville Real Estate updates and statistics.

Know someone who is thinking of buying or selling a home? Remember, I can help.

Jeff Graves

Your Bowmanville Realtor

Holiday Greetings!



JEFF GRAVES, GRI
DIRECT 312.475.3228
OFFICE 312.266.7000

JEFF.GRAVES@CBEXCHANGE.COM



Check out...

BowmanvilleLiving.com



Lincoln Park Plaza
1840 North Clark Street Chicago, IL 60614

If your property is listed with a real estate broker, please disregard. It is not our intention to solicit the offerings of other real estate brokers. We are happy to work with them and cooperate fully. Subject to terms, conditions, price change, prior sales and withdrawal without notice. Dimensions approximate. ©2008 Coldwell Banker Real Estate Corporation. Coldwell Banker is a registered trademark licensed to Coldwell Banker Real Estate Corporation. An Equal Opportunity Company. Equal Housing Opportunity. Owned And Operated By RPT, LLC.

Holiday Safety for Seniors

Most crimes committed at this time of year are crimes of opportunity. People are distracted, carry too many packages, set their valuables down in the wrong place, etc. Below are some safety tips for seniors:



- Look out for scam artists in the neighborhood and report any suspicious behavior to 9-1-1.
- Pay particular attention to people knocking on your door claiming to be a city employee, utility employee, etc.
- Don't open your door to strangers.
- Always ask to see identification.
- Report all suspicious activity by calling 9-1-1, no matter how insignificant the incident may seem.

Be aware of what is going on around you. Keep an eye on others around you, check on elderly family members and elderly neighbors. By pulling together we can help prevent serious crimes. Look out for one another and work with the police. Trust your instincts. If something doesn't seem right, it probably isn't.



Seeking Seniors Now for Free Home Repairs



Bowmanville residents, who are at least 60 years old and whose income is less than \$41,700 if living alone, or less than \$47,700 for a family of two, are eligible for H-RAIL - the City of Chicago's Home Repairs for Accessible and Independent Living Program.



Applicants may be owners or renters. The H-RAIL program can provide, at no charge, safety, security and accessibility improvements which assist seniors to remain in their own homes. Repair types are limited to minor repairs and include grab bars, lever faucets, window/door repairs, carbon monoxide and smoke detectors, and wheelchair ramps.

For more information, or to apply, contact Merita Mila, Edgewater Community Council's H-RAIL Coordinator, at 773-381-1346. There are a limited number of spots available for the program this year so interested seniors should call now.



Senior Fraud Hotline

800-243-5377

(800-964-3013 for TTY)

Statewide 24-Hour Elder Abuse Hotline

866-800-1409

(800-544-5304 for TTY)



BCO Community Survey

Please take time to respond to the Bowmanville Community Survey, which you will find inserted into this edition of the Bowmanville Bee. The survey can be removed, completed, and returned to BA Church at 2321 W. Berwyn. Additional copies of the survey are available on the website at www.bcochicago.org.



Happy Holidays



from the



Bowmanville Community Organization



Claddagh Ring Pub

Watch all of your favorite SPORTS
on our 100" projection TV screen.

Beer Specials Daily

Private Room Available for Parties!

2306 WEST FOSTER

JUST EAST OF THE FOSTER FIREHOUSE

773-271-4794

Attention Ladies!

Get Started TODAY!



Curves

Mention the Bowmanville Bee and
Receive one week FREE!

Act by 3/15/09 and receive a special gift.

5360 North Lincoln Avenue

(773) 769-1000

www.curvesmargaret@att.net



Recycling Christmas Trees

After the holidays, consider giving your tree a second life as compost, mulch or chips to be used later in a garden or at a landscape project.

Chicagoans will buy several hundred thousand Christmas trees this holiday season. After the holidays, there are several ways to dispose or recycle your tree. (Before recycling your Christmas tree, remove all tinsel and ornaments.) Some suggestions are:

Place the tree in the yard or garden for use by birds and other wildlife. The branches provide shelter from strong winds and cold. Food can be supplied by hanging fruit slices, seed cakes, or suet bags on its branches. You can also smear peanut butter and seeds in pine cones and hang them in the tree.

Prune off the branches and place the boughs over perennials as a winter mulch.

Chip the tree and use as a mulch around trees, shrubs, or in flower beds.



The City of Chicago, Department of Streets and Sanitation, holds a citywide Christmas tree recycling "event" each year on a Saturday in early January (approximately 10 days after Christmas, call 311 for exact date) at a number of Chicago Park District parks. There is no charge to bring in a tree on that day.

- Margate Park, 4921 N. Marine Dr.
- North Park Village Nature Center, 5801 N. Pulaski Rd.
- Warren Park, 6601 N. Western Ave.

Conservation groups may be another option. Some hunting and fishing groups collect trees and use them to provide habitat for fish and wildlife.

For many, selecting and decorating the Christmas tree is one of the highlights of the holiday season. After the holidays, recycle the tree and prolong its usefulness.

B & B Sewer Service



1725 W. Rascher
Chicago, IL 60640
(773)784-1019
(663)505-2220 - Cell

**Catch Basins Cleaned • Repaired and Rebuilt
We Rod All Lines • Install Pumps & Valves
Electrical Rodding • Gutters Cleaned**



DELANEY LAW

DELANEY LAW
info@delaney-law.com
**CALL FOR YOUR FREE
CONSULTATION TODAY:**
(312) 276-0263
(866) 507-6903 toll free

- Litigation (State, Federal & Appellate)
- Business Law / Corporate Formation
- Real Estate Closings (Residential & Commercial)
- Criminal Defense (Felony & Misdemeanor)
- DUI / Felony DUI & License Reinstatement
- Immigration (Citizenship - H1-B - Labor Certification Adjustment of Status – Extensions & Appeals)

Delaney Law Office is located in River North
420 N Wabash Ave., Suite 203
Chicago, Illinois 60611

****EVENING & WEEKEND Appointments Available****
Free Valet Parking in River North (must call ahead to confirm)

Our office is handicap accessible
Languages: Gaelic / Spanish / Urdu / Hindi
www.delaney-law.com

Cell Phone Etiquette - 2009



A new poll from The Associated Press has just been released detailing our love/hate relationship with cell phones.

Learn some cell phone etiquette and make the world a nicer place.

You Don't Have to Shout

The microphones on cell phones are very sophisticated. If you aren't sure about the audio quality, ask the person you're talking to whether he or she can hear you clearly.

You Don't Have to Answer Every Call

No one expects you to be available during every waking moment of the day. Let incoming calls go to voicemail and call people back when it's more convenient.

Use Text Messaging



For short communications that don't need an explanation, try text messaging. These are the "typed-in" messages that tell the story in a few words or abbreviations: "I m lving wrk now" or "call me l8er." Once you start texting you will see that it is a much more convenient way to communicate the details of life without a prolonged phone conversation.

Be Aware of Other People

Don't talk on your cell phone for a prolonged period (more than a minute) if you are within 4 feet of someone else. Confined spaces make this commandment even more absolute. On public transportation, in a car, in a restaurant, in an elevator, people can't get away from you. Move away, call back, or let it go to voicemail.

Use the Vibrate Ringer



Using the vibrate feature of your phone is such a nice gesture to society. It lets you know calls are coming in, but doesn't distract anyone else.

Choose a Ringtone Wisely

People judge you by your ringtone. There's really only one rule for ringtones: they shouldn't be painful to the ear, shrill, overly annoying, or too loud. Ringtones are a great opportunity to show off some of your personality, but remember that your co-workers, friends and family are secretly assessing what your ringtone says about you.

Preprogram Your Speed Dial Settings



It seems like a hassle, but preprogramming your speed dial settings is worth it. Not only is this a timesaving act, but it can make your multitasking safer and easier, especially for dialing when you drive.

Back up Your Phone

Many phones come with a leash that hooks up to your

computer. Once hooked in, you can create a backup of your settings and, most importantly, your address book data. If the battery goes dead or the phone fails, that backup will save you hours of time and frustration.

Turn It off

Get into the habit of turning off the ringer during performances or movies, at the doctor's office, or in church.



Use a Headset

You will be so much more comfortable if you have an earpiece, headset or wireless over-the-ear set that allows

It's cold out there.
Stay cozy at the Fireside.



Dine In - Delivery - Carry Out
FIRE SIDE
Restaurant & Lounge
5739 N Ravenswood

Home Made Food
Affordable Prices
Original Creations
(773) 561-SIDE
www.FiresideChicago.com

Chicago bans text messaging while driving



On October 8, 2008, the Chicago City Council passed an ordinance making text messaging and browsing the internet illegal while driving. Violators will be subject to fines of \$75, or \$200 when involved in a crash.



As is the truth with all laws about driving – enforcement and compliance are the key to actually making our streets safer. Even with lax enforcement, this provision will certainly be valuable to the recovery efforts of someone injured by a distracted driver.



Blustery Halloween!



Gusty winds of thirty miles per hour didn't keep away or diminish the spirits of the Bowmanville Halloween Party revelers! Thanks to the hard work and imaginative planning of the event coordinator Sue Wallner, Events Committee Chair, Leavett Wofford, and many BCO volunteers, costumed characters of all ages came out to enjoy the parade, treats, scarecrow building and other great activities!

Halloween Raffle Winners

Leavett Wofford
Allison Ardle
Julie Simon
Betty Redmond
Eloise Reimer
Sue Sell
Martin Wallner
Pablo Sanchez
Marilyn Bilotti

Billy Kuczek
Daliah Mehdi
Fern Bogot
Ivy Stines
Delilah Pagan
Cindy Burgin
Michael Vernon
Richard Theis



Bee Contributions

Welcome



Have a story to tell, a horn to toot about a good neighbor we should all know about, or an article to contribute? Submissions from all ages are welcome. Please contact us at news@bcochicago.org

Bee Counted - Advertise!

Card-Sized \$25

3.5"W X 2"H

Quarter Page \$75

3.5"W X 5"H

Half Page \$150

7.75W X 5"H

For further information, or to reserve space in the next issue of the Bowmanville Bee, please contact Betty Redmond at 866-837-1006 or at ads@bcochicago.org.

Help Deliver the Bee!

Volunteers are always needed and welcome! Please call Scott Galassini at 866- 837-1006.



Need another Bee?

You can find them at the following local businesses:

- Curves
- North Community Bank
- Pauline's Restaurant
- Claddagh Ring
- Fireside Restaurant
- Let Them Eat Chocolate
- Green Sky

BCO Calendar of Events

BCO Board Meetings, Third Thursday each month, 7:15 PM at Tempel Steel Training Room, 5448 N. Wolcott.

February Membership Meeting, Thursday, February 19th at 7:00 PM at North Community Bank on Western Avenue (see page 3 for details).

Communication Committee Meetings, first Thursday of each month.

Membership Committee Meetings, second Monday of each month at 7:00 PM.

Planning and Development Committee Meetings, last Monday of each month.

Garden Work Days - Bowmanville & Gateway Gardens, Each month, April through October; 2nd Wednesday, 6:30 PM to dusk, and 4th Saturday, 9:30 AM to 3:30 PM.

For up to the minute details on BCO Meeting/Event locations, dates and times, be sure to check www.bcochicago.org, or call 1-866-837-1006.



Membership Makes it Happen!



Join the BCO

\$12

Join or renew your membership today! Please return this form with your check for \$12.00 Payable to the Bowmanville Community Organization to BCO Membership, 5361 N. Bowmanville Avenue, Chicago, IL, 60625. Questions? Call 866-837-1006 or email membership@bcochicago.org. **THANK YOU FOR YOUR SUPPORT!**

Name _____

Address _____

City _____

State _____

Zip _____

Phone _____

Fax _____

Email _____

☐ Renewal ☐ New Member Committee I'd serve on: _____

Please take a moment to answer the questions below. Your answers will help us focus our efforts on your behalf:

1. What year did you move to Bowmanville? _____
2. Do you rent or own your home? _____
3. How many people are in your household? _____
4. What are their ages? _____
5. What are your hobbies and interests? _____