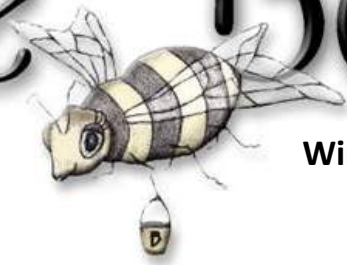


Bowmanville Bee



The Bowmanville neighborhood is bordered by Foster, Rosehill Cemetery, Ravenswood and Western. Visit our website at www.bcochicago.org.

Winter 2017

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www.bcochicago.org

Onward Bowmanville!

Dear Neighbors,

I hope 2017 is off to a good start for you and that you had a restful and enjoyable holiday season.

As we move into the new year, I'd first like to review what BCO accomplished in 2016.

This included:

- Restoration of our mural in the Berwyn tunnel underneath the Metra
- Beautification of the western end of the Balmoral Nursing Home
- Work to make sure the whole of Bowmanville has continued access to the Gateway Garden at Ravenswood and Balmoral
- Donated funds to our local public schools
- Partnered for the inaugural Ravenswood on Tap event in front of Empirical Brewery
- Supported another successful Garden Walk, Street Sale and Summer Social
- Maintained our wonderful community gardens and green space
- Kept neighbors continually informed via social media (Facebook, Twitter and Instagram) and, of course, the *Bee*!

The new slate of BCO Board Members for 2016-2017 was unanimously approved at our meeting back in October, and is listed in the left sidebar. Despite our World Series champions having a game on the same day, many neighbors still came to the meeting held at Urban Pooch on Damen at Balmoral. In addition to returning members, several new members were elected to the board.

At the October meeting, we also thanked outgoing board members B.A. Church, Jim Yorton, Kathleen Moran, Laura Schmidt, Peter McFadden, and Michelle Wilson for their tremendous efforts on behalf of our community. We hope they will continue in other ways to be involved in BCO activities.

To help us keep momentum going in 2017, we're looking for volunteers to help with membership outreach, events, planning and development, gardening, the Bee newsletter, and other BCO activities. If you're interested or would like more information, please contact me at president@bcochicago.org or reach out to any contacts listed in this issue.

It is an honor to serve the Bowmanville community. I look forward to seeing you around the 'hood once the chilly weather eases up. Meanwhile, happy winter!

Sincerely,

William Ferguson, BCO President

Bowmanville Spring Gathering - ALL WELCOME!

Nosh with Neighbors and catch up on all things Bowmanville

Thursday March 16, 7pm at Rogers Park Montessori (1800 W. Balmoral Ave)



**Communications
Committee**
Stay Informed!

**Events
Committee**

**Gardening
Committee**

**Membership
Makes it Happen!**

**PLANNING
&
DEVELOPMENT
COMMITTEE**



Bowmanville's community newsletter, The Bowmanville Bee, is published quarterly with the goal of sharing the neighborhood buzz and promoting local business. Managing Editor Tim Noworyta, Layout Editor Claire Shingler and Ad Manager Ann Scholhamer work closely with BCO members and neighbors to gather and present the local stories that help make Bowmanville the unique and proud community it's become. The Bee urges the submission of relevant content to news@bcochicago.org. **If you are good with layout and would like to get involved, we could use an extra set of hands. Current layout is done with templates in either PUBLISHER or MAC's PAGES software.**

The Communications Committee provides many ways for the BCO to connect to the community and for the community to make its voice heard through the BCO. These include our website, Facebook page, quarterly newsletter (the Bowmanville Bee), online and email eBlasts for timely or urgent announcements. We also manage our BCO hotline (773) 349-2268 and have joined twitter! **We are seeking a new volunteer to act as editor for the email eBlasts and people who can help keep our website current. If you have an interest in writing or editing we'd love the help.** Contact: comm@bcochicago.org.

The Events Committee is one of the best ways to meet neighbors throughout the community, and have a lot of fun while you're at it! Next up is our **Annual Street Sale in early June and Bowmanville Garden Walk in early July. If you can help let us know! We need help to make it happen.** We are always looking for new twists for annual events and new event ideas. Following our informal Bee Social concept, we also have a First Friday's happy hour series underway with the next one April 7. **Contact events@bcochicago.org** with an idea for a next Bee Social or to pitch in on any event.

The BCO Gardening Committee continues to enhance and maintain our community garden spaces. We are thankful for our volunteers and still need the help of the whole community as we endeavor to improve our natural surroundings. We look to the entire community to join our efforts in implementing a sensible and enduring stewardship plan for all of our open spaces. For more details and to pitch in contact the garden committee at gardening@bcochicago.org or on our phone line (773) 349-2268. Please join any workdays when you see volunteers in the gardens. The scheduled work dates are posted online and included in the Bee's calendar (back page). Join the gardening email list on the BCO website. Applications are out now for garden plots, apply using the form on our website.

The Membership Committee focuses on ways to continually engage and support our community and grow our membership base. We reach out to new neighbors and new and renewing members to help match their interests with needs in the community. **Our next Open Meeting is March 17.** Reach out via email at membership@bcochicago.org. Get involved, you won't regret it!

Like public radio, all of our neighbors can freely enjoy the benefits of the hard work of the BCO. But in the end, "Membership makes it happen"! Join or renew today, we'd love to have you! Over 200 community members recognize the value of what the BCO does for this community, and know that it doesn't happen without financial and volunteer support. BCO membership fees are low at \$20 annually.

The Planning & Development (P&D) committee gathers periodically to discuss issues of change, development and improvement of our fine community. P&D interacts with local residents, businesses, and the Alderman's office to influence the evolution of our community. The P&D committee meets as issues arise. Reach out to the chair of P&D with ideas and feedback or to join the committee's email list planning@bcochicago.org.

The BCO acts as a steward for the green space at 5384 N. Bowmanville Avenue and for our community gardens along Bowmanville and Ravenswood Avenues. We also continue to look for opportunities to expand and improve on green space in our community. We need your help as we continue to move forward with our goal of ensuring Bowmanville is one of the greenest, most livable communities in Chicago. **We are currently exploring expansion of the vegetable gardens on Ravenswood Ave. Please contact greenspace@bcochicago.org to get involved.**

The Public Art committee was formed in 2010 to explore the idea of a mural in the Berwyn pedestrian tunnel at Ravenswood. That idea became reality very quickly! A restoration of the painted interior in took place Summer 2016. Contact publicart@bcochicago.org to get involved or with new ideas.

Bowmanville Spring Gathering - March 16



The annual Spring Bowmanville Meet-up is shaping up to be a good one in 2017. Some exciting speakers are in store covering topics we know you want to learn more about. Pot luck food will be shared and if all goes to plan some raffle prizes will find winners.



This Spring Open Meeting is March 16, 7pm

at Rogers Park Montessori School (1800 W. Balmoral Avenue)

- Our local charity spotlight is on the **Lincoln Square Friendship Center**. See pg 6 for a profile of this wonderful social service organization.
- Healthy Lifestyle Spotlight will be on **Hardware Crossfit**, with one of their lead trainers.
- Chicago services spotlight - we hope to have a **CPD police representative** with insights on Beat 2012.

If you'd like to suggest speakers for these or other topics for the Fall gathering in October, please email vp@bcochicago.org.

How do you give back? **ACT LOCALLY with BCO!**

The BCO is looking for neighbors who have the skills and talents that could help us with various projects and activities designed to make Bowmanville a better place to live. Below are some of the things we could use help with. If you have skills in these areas and would like to learn more about our needs, please email membership@bcochicago.org and let us know how you can help.




- Website design and maintenance
- Social media
- Newsletter layout
- Online payment processes
- Bee Delivery coordinators (2 volunteers who live east of Damen who can help sort a box of Bees for delivery volunteers once per quarter)




We also need members to help with events this year the Street Sale, Garden Walk, Summer Social and open meetings, as well as with maintaining and improving our community gardens and green spaces. We're always looking for people to serve on our committees. So, if you see one on p. 2 that you might like to join, send an email to that committee and let the chair know — and make Uncle Sam (as well as your neighbors) proud of you!

You're invited!

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For tickets, visit www.friendsofamundsen.org
or contact friendsofamundsen@gmail.com.

Summer Survey Results - Bowmanville

by Mona Yaeger, BCO Membership Committee

In early 2016, the Membership Committee sought to find out what Bowmanville residents thought about the neighborhood and BCO. So, we put together a survey that asked such questions as: Are you a member of the BCO? What BCO activities have you or your family participated in? What activities would you like to see? and What are your greatest concerns? We were thrilled to see 71 neighbors respond.

The membership committee knows that it's important to determine how residents feel about the neighborhood and what the BCO might do to make this unique Chicago community a better place to live. BCO's mission is to facilitate communication between the residents and city government, local businesses, real estate developers, and various community organizations so that the interests of our neighbors are met, and we build a great sense of community. This means prioritizing as best as possible what's important to residents, while also providing fun activities for all.

The survey showed that 86% of you read the *Bowmanville Bee*, both online and in hard copy, which is great, because we want to make sure everyone is kept up-to-date on community business and events. It also showed that many residents value and participate in BCO events: The most popular are the Street Sale (53%), Summer Social (44%), Neighbor use of the Greenspace (43%) and the Garden Walk (35%).

New "First Fridays" Event

One theme from respondents indicated residents would like to see more adult social events. The BCO partnership for Ravenswood on Tap came from that feedback. That, and the fact that we like to promote local businesses, also prompted the Membership Committee to launch a new Bee Social endeavor: **First Fridays**, a mixer that will be held in various Bowmanville locations to give neighbors a chance to meet, chat and have a good time together. The next one will be held on Friday, April 7, from 5pm – 8pm. Visit our website and Facebook page for location and updates. BCO is a volunteer group of residents who give their time and energy to work for a better Bowmanville and keep everyone updated. We can't do what we do without your participation and help. So, if you aren't already a member, please join us — today! Just go to <http://bcochicago.org/membership> and fill out the form. If you are already a member, please consider joining a committee or volunteering to help with an event this year. Questions? Email membership@bcochicago.org.

Bee Social at Bowmanville First Fridays!



Apr 7
Jun 2
Aug 4
Oct 6
Dec 1

Join neighbors at a local watering hole.
Mark your calendar.

Check BCO FB/website for location info

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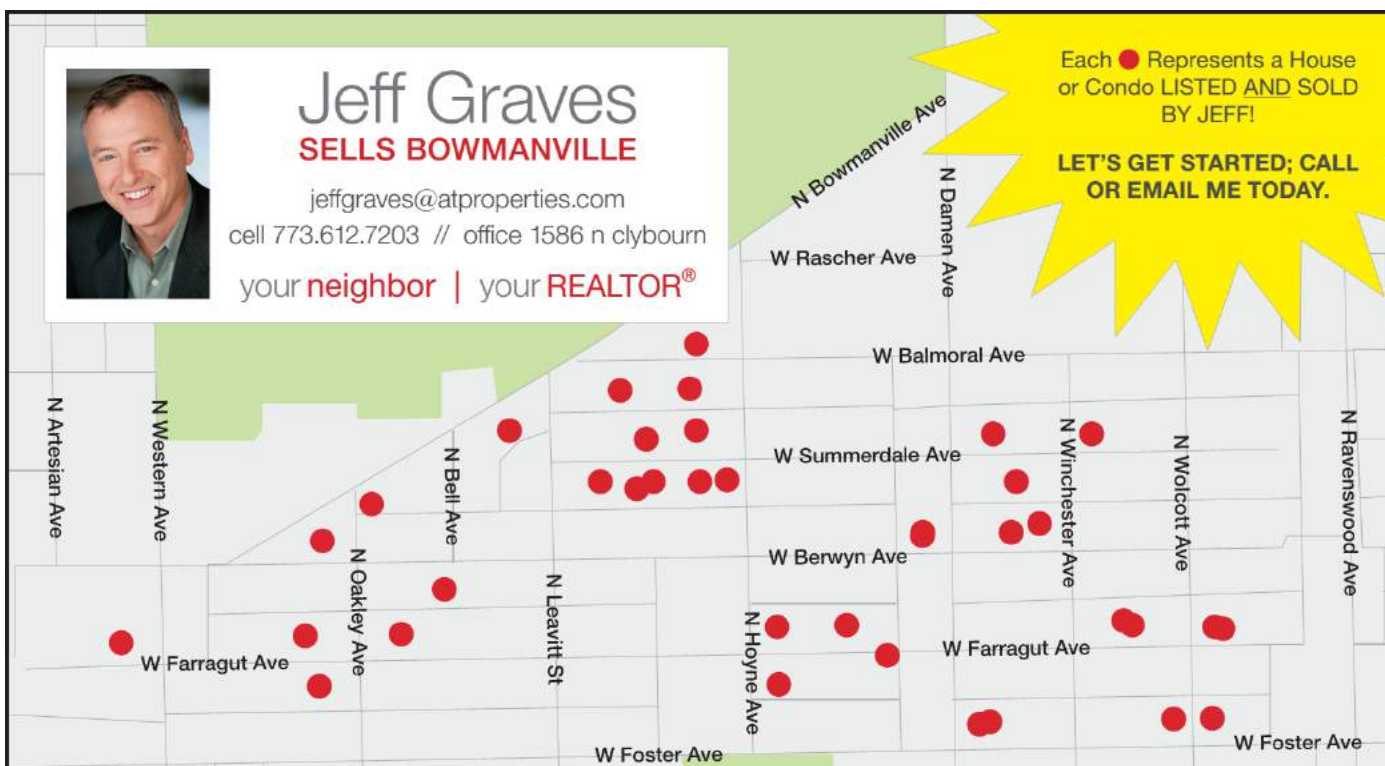
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Help fight hunger — right here!

By Scott Smith

Chicago is widely considered to be one of the culinary capitals of the United States. Many of us feel lucky to live so close to so many restaurants and food stores. From Bowmanville, we can walk to any number of excellent places to eat and shop, and we even have our very own 2017 Michelin Bib Gourmand restaurant – San Soo Gab San, the renowned Korean BBQ spot at 5247 N Western Ave.

Yet while most of us have full cupboards at home and the ability to enjoy the occasional night out, it's important to remember that not all of our neighbors enjoy similar luxuries. In fact, over 5,500 residents of the Lincoln Square area (including Bowmanville) suffer from "food insecurity," which the USDA defines as "a state in which consistent access to adequate food is limited by lack of money and other resources at times during the year."

This term describes the situation of people who don't know when their next meal will come, or from where. They are people living without easy access to affordable food, or where rising costs of living makes it harder to make ends meet. Overall, 1 in 6 people in Chicago are food insecure. For children, that number is 1 in 5.

Support the LSFC

There are many organizations that have a mission to help those who are struggling to avoid hunger. The [Lincoln Square Friendship Center](#) (LSFC) is one of them, and has been doing great work in our neighborhood since 2013. Last year, BCO donated nearly 300 pounds of surplus produce from our community garden – food that LSFC was able to distribute to neighbors in need.

I spoke with director **Heidi Bush** about her organization, and how residents of Bowmanville can continue to work with them to support our neighbors:

How do people get help through the Lincoln Square Friendship Center? All food pantries have a service area. Ours extends from California Ave. to Ravenswood Ave., and from Montrose Ave. to Devon Ave. Those living within this area and experiencing food insecurity are able to come in once per month to receive assistance. We operate like a very small-scale grocery store. Our volunteers act like shopping assistants – helping to choose a certain amount

of items based on household size. In addition to food, we also offer a selection of household goods, toiletries, and other things that can be helpful.

How would you describe those seeking help from the Friendship Center? There is no one-size-fits-all way to define a person in need. We see families with small children, retired people, younger people who are just starting out on their own, and people who don't have a place to store or prepare food. When I first moved to this neighborhood, I got the sense that it's a nice family area, with beautiful homes. But you can often go just one block away to find people that are struggling.

A family of four living in a tiny apartment, parents working full time jobs at or just above minimum wage – they're making hardly enough to survive in the city of Chicago. There are not programs readily available to help pay for rent or a phone, but food assistance is somewhere we can provide immediate support.

How can volunteers help? Anyone is welcome, there are no restrictions on age, and help is much appreciated. We're looking for people who can commit to being here on a regular basis, however that may work for them. Weekly, monthly – some level of consistency is helpful, and our clients love to see familiar faces. We even have students who help out during term breaks.

In addition to volunteering at distribution, people can host a food or clothing drive, gather a group to volunteer at the Greater Chicago Food Depository on our behalf, or join on at the Hunger Walk, which happens every summer. You can also join our e-mail list to receive our monthly newsletter.

If I can't volunteer in person, can I still contribute? Absolutely. Over 40% of our costs are covered by donations from individuals in the community. Your contribution will provide much-needed support for those neighbors who are facing the threat of hunger.

Please join us on Thursday, March 16 for a volunteer orientation following the Spring BCO open meeting. To register for this event, please contact Scott Smith, scsmith21@yahoo.com.

The Lincoln Square Friendship Center is located at 2733 W. Lawrence Ave. Please visit their website, friendshipcenterchicago.org/get-involved to learn how you and your family can help fight food insecurity in Bowmanville and beyond.

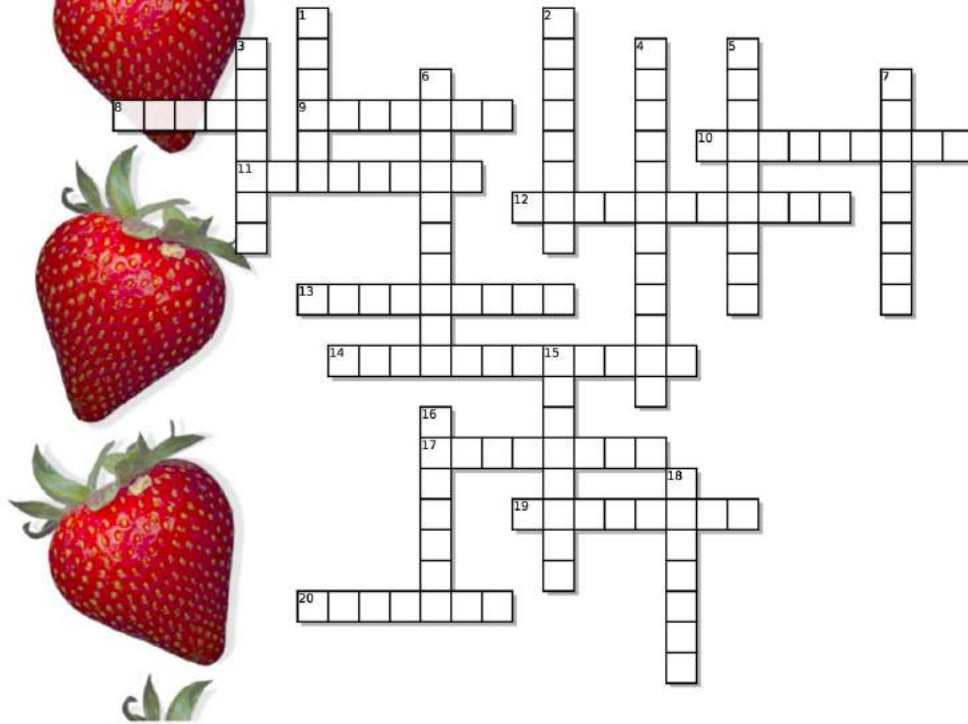
ACT LOCALLY
at the
Lincoln Square Friendship Center

*The Bowmanville Bee begins a series called
ACT LOCALLY, geared to help neighbors
plug in where help is needed.*



Basic Nutrition

Test your knowledge



ACROSS

- 8 The addition to a food of nutrients that were lost during processing.
- 9 Sometimes known as "blood sugar".
- 10 Physically inactive.
- 11 A form of carbohydrate found in plant foods that is not digested by the human digestive enzymes.
- 12 Sudden tissue death caused by blockages of vessels that feed the heart.
- 13 Chemical substances obtained from food and used in the body.
- 14 Condition caused by excess of deficient food energy or nutrient intake, or by an imbalance of nutrients.
- 17 Providing all of the essential nutrients, fiber, and energy in amounts sufficient to maintain health.
- 19 Organic, essential nutrients required in

small amounts by the body for health.

- 20 Found in meat, poultry, fish, eggs, milk, nuts, and seeds.

DOWN

- 1 The physiological drive for food.
- 2 Units by which energy is measured.
- 3 Eating a wide selection of foods within and among the major food groups.
- 4 Higher than normal blood pressure.
- 5 Food is broken down into absorbable units.
- 6 Providing enough-but not too much-of a substance.
- 7 Altered glucose regulation and utilization.
- 15 The body's ability to recognize and eliminate foreign invaders, such as bacteria.
- 16 Providing foods of a number of types in proportion to each other.
- 18 The characteristics that enable the body to perform physical activity.



Time to Think (Community) Gardening!

The BCO Gardening Committee met over the winter to plan for 2017 maintenance and improvement of our community gardens. Volunteers are always welcome to join the efforts. In addition to coming out to lend a hand on our gardening days (see BCO Calendar on back page), volunteers are needed to plan and coordinate specific maintenance and improvement projects, to lead gardening day volunteers, to coordinate our composting efforts, and to aid in communication (signage, signups, social networking).

In November, our community garden veggie plots were "put to bed" for the winter in preparation for the next season of gardeners. The 2017 veggie plot season began February 1. Interested gardeners are requested to review all rules and guidelines on the BCO website before applying for a plot. For 2017, BCO garden plot holders must commit to 12 hours of volunteer time, be a current BCO member, and pay a veggie plot fee of \$20.



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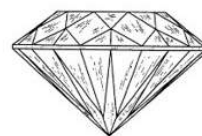
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An Author Among Us



Neighbor Profile: Amy Alznauer

You might not find teaching math, writing children's books, conversing in sign language and living on Summerdale Avenue a likely combination. But for Amy Alznauer, it's completely natural. She teaches calculus at Northwestern University, is a published author, signs with her deaf in-laws, and lives in the 1900 block of Summerdale with her husband, Mark, her children, John and Meg, and her dog, Scout.

Here's a closer look at this pleasant Bowmanville neighbor, who graciously agreed to be interviewed for this article.

Where are you from and what brought you to Bowmanville?

I am originally from Pennsylvania, but have moved to Illinois four times, so I'm finally getting the message that I'm supposed to live here. I first came to Chicago to be with a former boyfriend, left when that didn't work out, but returned a few years later for work. I met my husband at a bookstore in Rogers Park named Armadillo's Pillow. We still go back there to celebrate our anniversary.

When my husband and I got married in 2004, we rented an apartment at 1720 W. Summerdale (a house that has since been torn down) and then moved to an apartment on Berwyn, where my son was born. The big draw for us in the neighborhood was St. Gregory the Great Church, which is not only beautiful but a center for grass-roots art that houses the Quest Theater Troop, the International Chamber Artists, and working painters, as well as an amazing poet-priest.

My husband's first job teaching philosophy was in Virginia, so we moved away in 2008. But less than a year later, he got a job in the philosophy department at Northwestern, and right before my daughter was born, we moved back and lived in Evanston. It took us a few years to find a house back in this area, but now we are on Summerdale, just blocks from where we started, but on the quieter (and frankly better!) side of the tracks.

What's your educational background?

I earned a BA from Wesleyan University, where I changed my major three times, from English to Chemistry to Math.

Inspired by my mathematician father's passionate career, I decided to pursue a PhD in mathematics at the University of Illinois in Urbana-Champaign, but I soon realized that my original love of English and writing was my true calling. So I stopped with an M.S. and began to formally study writing, eventually earning an MFA in creative writing from the University of Pittsburgh.

As long as I can remember, I've wanted to be a writer. Just the other day I was reading through my old Judy Blume diary (from seventh grade) and came across a declaration that I was keeping the diary so that I would someday be able to use the material for stories. The whole diary is about who likes me, who is staring at me during lunch, and who I wish liked me and stared at me. So maybe my destiny is young-adult romances. Yikes!

But I still teach mathematics to keep my math brain from atrophying, usually just a single calculus class per quarter at Northwestern University.

Why do you write, and what kind of writing do you do?

I write because, as the children's book author Katherine Paterson says, I love stories so much I want to be on the inside. My writing has been inspired by many books, lately by Elena Ferrante's *Neopolitan Novels* and anything by Kate DiCamillo.

I'm currently working on children's books. *The Boy Who Dreamed of Infinity*, which will be published by Candlewick Press in 2019, will tell the story of a little boy from India who started out in poverty but grew up to be one of the greatest mathematical geniuses the world has ever known. It's probably the only book I will ever write that brings the two sides of my life together.

I also have two books published by Loyola Press. The first, *Love and Salt*, which won the *Christopher Award*, is an epistolary memoir, telling a story through letters of friendship, loss and the search for meaning. The second is *Grace-Filled Days 2017* (Loyola Press's annual book of days), which offers a reflection for each day of the year. Before these, I wrote mostly essays and poems and received the *Annie Dillard Award for Creative Nonfiction* for a piece titled *The Grave-Merry Girls*. (continued on page 11)

What do you like about Bowmanville?*(continued from page 6, Amy Alznauer)*

There are so many places in the area that I love — Taste of Lebanon, the Coffee Studio, Defloured, Women and Children First... oh the possibilities are endless around here! If you see me out and about, chances are I'm with my children (Meg and John, pictured left), perhaps on a scooter — they just gave me a bright red one for my birthday! — or at places like the Swedish Children's Museum, Roost or the Old Town School of Folk Music. Or I might be taking my white-cloud-of-a-dog, Scout, to play with her best friend, Harry, the Bedlington terrier just down the street, or signing with my deaf in-laws who live on our block.

But the thing about our neighborhood I like the best is its relaxed atmosphere. People are accepting of diversity, not pretentious, and easy to get along with. There are no expectations to live a certain way. Also, it's safe, and on my block, there's not much traffic, so I don't have to worry about my kids being outside. A playground park close by would be great, but that's the only thing I can think of to make Bowmanville even better for families. It's a wonderful place to live.

Editor's note: Suggest a future neighbor spotlight to news@bcochicago.org. The books mentioned can be ordered at Women and Children First bookstore on Clark St., or from Amazon or the Loyola Press. All are published under Amy's maiden name, Amy Andrews.

Help Trace Property Ownership in Bowmanville

Do you have an abstract of title for your building? Abstracts of title trace the ownership of property back to when it was first purchased from the Federal government in the 1830s. The official property records of the Cook County Recorder of Deeds were destroyed in the Great Chicago Fire in 1871, so the only way to trace the early property ownership is to consult the Abstracts of Title.

The Edgewater Historical Society doesn't need to obtain the document; they just need the opportunity to view it and either record the pre-1871 information or have a copy made of the relevant pages. Please contact the Society using its website www.EdgewaterHistory.org if you have an abstract of title that can be viewed.

**Mural Watch**

If you notice any fresh tags in the Berwyn Mural tunnel, please send a note to

berwynmural@gmail.com

Whether you're currently considering a move, or it's still some time down the road, now is the time to begin the process. Your first step is easy:
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In the Eyes of an Amundsen Student



Dylan Merino, a junior at Amundsen High School who lives in Rogers Park, loves photography. His journalism teacher, Nicole Moylan, knows this from seeing him take photos around the school. When she asked to see some, she was impressed and thought of the request for submissions to the *Bee* that the school principal, Anna Pavichevich, had forwarded her. So she asked if she could submit some of Dylan's recent photos of Amundsen scenes for our Winter issue.

We thought the photos were worth sharing because of their visual interest and because they show a different view of the students than many of us see.

To provide context for the photos, we asked Dylan to share his thoughts about photography, Amundsen and his dreams for the future. Here's what he said:

"The thing I love about photography is that each photo is different. Even if you're taking a photo of something that's been photographed done a million times (for example, the Statue of Liberty), there is always something changing, and you can always find a way to make it yours. I also love being able to play with light and perspective. Making someone stop and think about your photo can be very gratifying in the right circumstances.

"I got into photography at a young age. I was influenced by my brother, who often took me downtown with him. Being in such a big city at such a young age was quite inspiring and made me want to capture all the moments I spent with him. I've also been blessed with the ability to travel, and I'm a firm believer that traveling gives you lessons that no teacher or school could give you. Personally, it taught me to never

let the little moments go unnoticed, I guess I just find those little moments quite interesting, interesting enough to keep them in photographs."

His favorite subjects? "I like them all equally! If I had to choose, I would probably say history or my visual arts class. History because I find that

learning about where and how we came to be is to tap into deep, rich roots of information. To know history is to know a distinct part of a culture that everyone shares, which in my opinion is very cool. Visual arts — painting, drawing, sculpting, and SOME photography — has to be one of my favorites, because it gives me the opportunity to take what I love about photography and experiment with different mediums, which gives me the chance to grow and figure out what I do and don't like."

What does Dylan think of Amundsen? "I love Amundsen's diversity! I've never been to a school that has so many different people and unique stories! Everyone comes from somewhere different, and when you put them all together, you really have something special. I think this setting instills, consciously or unconsciously, something really important: the idea that you can really get along with anyone of any background. This is very key to success and quite frankly, our overall survival."

What's his dream for the future? "As it stands, I dream of being some sort of travel photographer or photojournalist. I just want to be able to explore my passions in whatever form that takes. But in all honesty, as long as I'm happy, I really don't care what I do!"



Chappell Elementary Continues to Shine!



With the academic year well underway, Friends of Chappell School (FOC) is thrilled with the momentum propelling the school forward.

The parent volunteer group held several successful community events at the school this year, including the annual Back-to-School picnic in August that featured live music from Bowmanville's own DreamTree Shakers, and the school's ever-popular Fall Carnival. FOC has been partnering with local businesses for successful fundraising events, such as a holiday bake sale with BakerMiller, dinner at Potbelly's and pizza and fun at Chuck E. Cheese.

Be sure to save the date for the big annual Spring Fundraiser, which will be held on Sunday, April 30, at Revolution Brewing in Logan Square.

The generosity of parents, neighbors and businesses at the FOC fundraisers help pay for the school's gardening program, which is in its third year with the nonprofit "Gardeneers." The curriculum teaches students about nature, science, nutrition, becoming good stewards of the environment and enhances teamwork skills, sensory exploration and concentration, among many other good things.

FOC was excited to learn last year that Lowe's awarded the school a \$2,800 grant from its Charitable and Educational Foundation for updates to the school's garden. FOC is now working hard to find sponsors for the gardening program and is optimistic that Chappell's garden will grow and bloom for a long time to come!

In addition to the garden, FOC has also paid for periodic school-wide assemblies, from live animal shows to dancers and magicians. And the parent group has just agreed to purchase new theater curtains for the school's stage, which showcases the school's many impressive musicals and concerts.

A thriving neighborhood school is the shining beacon of a strong community. Friends of Chappell is proud of the soaring number of families that are choosing to send their children to their neighborhood school. Please be sure to support FOC, which in turn, is supporting the strength of your own neighborhood. For more information, visit <https://friendsofchappell.wordpress.com> or email friendsofchappell@gmail.com.

**Please be mindful of the coyotes and other wildlife living in and around Rosehill Cemetery and West Ridge Nature Park. They are often seen around Bowmanville.
Two were recently removed from Winnemac Park. More will inevitably show up there.
DO NOT FEED these wildlife. Loud noises typically move them on their way.**

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Welcome, Neighbor!



Hayden Aleksander McFadden
Bowmanville residents Nadine and Greg McFarren are happy to announce the addition of Hayden Aleksander to their family. Hayden, born November 15, joins big brother Connor, age 4, their dog, Luke, and cat, Mica, in the house in the 1900 block of Summerdale where the McFarrens have lived for the past 11 years. How did they get there?

"We were renting in Wrigleyville and wanted a single-family house," Nadine says. "Our realtor discovered our place the day it went on the market, and we snapped it up. His kids were going to the Rogers Park Montessori school, and now our son, Connor, does too. We love the area and our neighbors. Such a great and friendly group!"

Bowmanville meets Osaka



Bowmanville families spent time in November building bridges to another culture - Osaka, Japan. Two Bowmanville families participated in an exchange program, hosting high

school students from Fuse High School in Osaka. A group of Fuse students visited Amundsen High School the week of November 20 and had a two night home stay as part of their trip.

The Shingler and Scholhamer families each hosted students, through a program organized through Youth for Understanding. The two families teamed up for a group outing to see Blue Man Group at Briar Street Theatre, and each shared some Chicago gems with their guests.

Among the favorite experiences reported - mac & cheese, the Blue Men, Middle Eastern Bakery's hummus, Candyality, meeting Santa on Clark Street and the novelty of a refrigerator door's ice maker!



In Memory - Passion Overstreet


Bowmanville neighbors were shocked to learn of the tragic Jan 28 death of a local mail carrier, Passion Overstreet. Passion was a familiar face to many on her mail routes in Bowmanville.



A GoFundMe campaign has been established by friends of the family for the 2 young children she leaves behind.

More than 30 Bowmanville neighbors have made donations to the fund thus far, recalling her smile and kind heart.

The GoFundMe link is www.gofundme.com/2wg1jw4

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New Pilates Studio in Bowmanville



Whether you want to increase your heart rate, challenge your balance or connect more deeply to your body through movement, you'll find a class that's right for you at mind.art.core Pilates Performance, now conveniently located in our neighborhood at 1830 W. Foster Ave. Previously in Ravenswood, the studio won the *Chicago Reader* "Best Pilates Studio" award for 2014 and 2016.

mind.art.core Pilates Performance is dedicated to providing high quality mind-body conditioning techniques while offering fun and functional fitness instruction. It offers a space for individuals to learn more about their bodies and explore movement to bring strength and stability to their everyday lives.

Because the studio takes a "goal-based" rather than "level-based" approach to Pilates, it allows each student to choose her or his own experience. The owner, Melissa McNamara, is a Lead Instructor Trainer for STOTT PILATES and specializes in working with injured and post-rehab clientele.

"We pride ourselves on being a community-based studio, where each individual is given personal attention and appropriate modifications," says Melissa. "We offer not only group fitness classes, but also private, semi-private, equipment-based (Reformer, chairs, Bosu domes) and family friendly classes, as well as pre-natal, post-natal and kids workshops. Pilates is movement that can be modified for every body type no matter what ailment, injury or fitness level. You do not have to be flexible; you do not have to be strong; just be you and you will reap huge benefits from your time spent in our studio.

"To learn more about us and what we offer, please visit our website, mindartcore.com. Better still, stop in to say hi and take advantage of our New Client Specials — with an extra 10% discount if you mention that you saw this article in the *Bowmanville Bee*. We look forward to doing some Pilates with you soon!"



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Bowmanville Bee - Winter 2017

Bee Contributions Welcome

Have a story to tell, a horn to toot about a good neighbor we should all know about, or an article to contribute? Submissions from all ages are welcome. Contact

BEE Counted — Advertise! Card Sized \$25 3.75" x 2" Quarter Page \$75 3.75" x 4.25" Half Page \$150 7.25" x 4.75"

For further information, or to reserve space in the next issue of the Bowmanville Bee please contact

ads@bcochicago.org or (773) 988-7664

Deadline for the Next Bee: Apr 10 Help Deliver the Bee!

Volunteers are always needed and welcome!

Contact (773) 349-2268
comm@bcochicago.org

Need another Bee?

You can find them at the following local businesses:

- Byline Bank
- The Book Cellar
- Speedline
- Let Them Eat Chocolate
- Green Sky
- Pauline's
- Norwood Car Wash

BOWMANVILLE COMMUNITY ORGANIZATION — MEMBERSHIP FORM —

JOIN THE BCO OR RENEW YOUR MEMBERSHIP TODAY!

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Bowmanville Community Org Treasurer c/o Craig Hanenburg
5361 N. Bowmanville Avenue
Chicago, IL 60625

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Questions? Call (773) 349-2268 or email membership@bcochicago.org

☐ New Member ☐ Renewal

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Areas where I can help out in the coming year:

- Event Planning: ☐ Street Sale ☐ Garden Walk ☐ Summer Social ☐ Fall Event (TBD)
☐ Membership outreach ☐ Gardening ☐ Finance
☐ GreenSpace initiatives ☐ Planning and Development ☐ Bee delivery
☐ Public Art initiatives ☐ Communications (newsletters, website, email, Facebook)

Please take a moment to answer the questions below. Your answers will help us focus our efforts on your behalf.

What year did you move to Bowmanville? _____

Do you live in a house or multi-unit building? ☐ House ☐ Multi-unit (>2 units)

How many adults (18-65) are in your household? ____ How many seniors (over 65) are in your household? ____

How many children (under 18) are in your household? ____

What type of new BCO programming would interest you? _____

Comments or feedback? _____

BCO Calendar of Events

(Committee contacts listed on page 1; check website for schedule updates)



Feb 25	Winter Prune Up Day Gateway & Bowmanville	9:30 AM
Mar 1	Vegetable Plot Applications Due	gardening@bcochicago.org
Mar 9	Garden Committee Planning Meeting	7PM
Mar 16	Vegetable Plot Assignments	Email Notification
Mar 16	BCO Spring Gathering (Open Meeting)	7PM at RPMS (1800 W Balmoral)
Mar 25	Bowmanville Garden & Greenspace Cleanup Day	9:30 AM
Apr 7	First Friday Happy Hour meetup	Big Joe's 1818 W Foster Ave
Apr 10	Spring Bee Deadline (May release)	news@bcochicago.org
Apr 12	Police Beat 2012 CAPS Meeting	1609 W Gregory 312 742 8770
Apr 20	Vegetable Plot Gardener Orientation Meeting	7PM
Apr 22	Bowmanville Garden & Greenspace Spring Cleanup	9:30 AM til 3:30PM
May 9	Gateway Gardening Evening	6PM til dusk
May 20	Gardening Day Bowmanville & GreenSpace	9:30 AM til 3:30PM
Jun 3	Bowmanville Street Sale	9AM til 4PM
Jun 24-25	Ravenswood on Tap	3pm-9pm
Jul 8	Bowmanville Garden Walk	9AM til 4:30PM

CHECK OUT THE BCO WEBSITE! www.bcochicago.org