# Bowmanville

The Bowmanville neighborhood is bordered by Foster, Rosehill Cemetery, Ravenswood and Western. Visit our website at www.bcochicago.org.

# Summer 2016

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# **Garden Walk Sets New Attendance Record!**



Best in Show garden hosted by Emanuel Lopez

Thanks in part to the perfect weather, the 18th Annual Bowmanville Garden Walk on July 9 enjoyed a record attendance of more than 300, including many from other neighborhoods and the suburbs. The Walk featured 22 residential gardens and three community gardens, as well as the BCO Green Space on Bowmanville

This annual event gives participating gardeners a chance to show off their gardening skills, learn from the experts and chat with fellow gardeners. It also gives the "Walkers" a chance to meet with residents and learn more about our beautiful neighborhood.

The Best in Show Purple Ribbon went to Emanuel Lopez for his work with Rodney Hofrichter and Kirsten Hefele in transforming

their back yard (shown above) into a welcoming oasis. White impatiens surround the bird bath,

Garden Walk organizers
Craig Hanenburg and Billy Kuczeck
with U.S. Congressman Mike Quigley

(center) at the Garden Walk

which holds a yellow ornamental flower. A sound scape with recorded bird sounds made the garden unique.

One of the favorite parts of the Garden Walk event is the annual photography contest. Visitors voted for their favorite among the 16 photos submitted. Anita Beckner won the contest with *A Quite Summer Morning* (featured on page 1). This winning image will be used to promote next year's Garden Walk.

See page 7 for more Bowmanville Garden Walk highlights.



Photo contest winner 'A Quite Summer Morning' by Anita Beckner



Bowmanville Summer Social Saturday August 13, 12noon-4pm 5384 N. Bowmanville Avenue

Volunteers needed:

www.mysignup.com/2016bcosummersocial



#### **Bowmanville Bee - Summer 2016**



Communications Committee Stay Informed!











Bowmanville's community newsletter, <u>The Bowmanville Bee</u>, is published quarterly with the goal of sharing the neighborhood buzz and promoting local business. Managing Editor Tim Noworyta, Layout Editor Claire Shingler and Ad Manager Ann Scholhamer work closely with BCO members and neighbors to gather and present the local stories that help make Bowmanville the unique and proud community it's become. The Bee urges the submission of relevant content to <a href="mailto:news@bcochicago.org">news@bcochicago.org</a>. If you are good with layout and would like to get involved, we could use an extra set of hands. Current layout is done using MAC's PAGES software.

The Communications Committee provides many ways for the BCO to connect to the community and for the community to make its voice heard through the BCO. These include our website, Facebook page, quarterly newsletter (the Bowmanville Bee), online and email eBlasts for timely or urgent announcements. We also manage our BCO hotline (773) 349-2268 and have joined twitter! We are seeking a new volunteer to act as editor for the email eBlasts and people who can help keep our website current. If you have an interest in writing or editing we'd love the help. Contact: comm@bcochicago.org.

The Events Committee is one of the best ways to meet neighbors throughout the community, and have a lot of fun while you're at it! Next up is our Summer Social on August 13. If you can help let us know! We have 2 new chairpersons who need help to make it happen. We are always looking for new twists for annual events and new event ideas. We also have a concept for an ongoing series of informal 'Bee Social' meet-ups to take place around the community to bring neighbors together. Contact events@bcochicago.org with an idea for a next Bee Social or to pitch in on any event.

The BCO Gardening Committee continues to enhance and maintain our community garden spaces. We are thankful for our volunteers and still need the help of the whole community as we endeavor to improve our natural surroundings. We look to the entire community to join our efforts in implementing a sensible and enduring stewardship plan for all of our open spaces. For more details and to pitch in contact the garden committee at <a href="mailto:gardening@bcochicago.org">gardening@bcochicago.org</a> or on our phone line (773) 349-2268. Please join any workdays when you see volunteers in the gardens. The scheduled work dates are posted online and included in the Bee's calendar (back page). Join the gardening email list on the BCO website.

<u>The Membership Committee</u> focuses on ways to continually engage and support our community and grow our membership base. We reach out to new neighbors and new and renewing members to help match their interests with needs in the community. **Our next Open Meeting is in October, but in the meantime please join in to the great events the BCO organizes and help where you can.** Reach out via email at <a href="membership@bcochicago.org">membership@bcochicago.org</a>. Get involved, you won't regret it!

Like public radio, all of our neighbors can freely enjoy the benefits of the hard work of the BCO. But in the end, "Membership makes it happen"! Join or renew today, we'd love to have you! Over 200 community members recognize the value of what the BCO does for this community, and know that it doesn't happen without financial and volunteer support. BCO membership fees are low at \$20 annually.

<u>The Planning & Development (P&D) committee</u> gathers periodically to discuss issues of change, development and improvement of our fine community. P&D interacts with local residents, businesses, and the Alderman's office to influence the evolution of our community. The P&D committee meets as issues arise. Reach out to the chair of P&D with ideas and feedback or to join the committee's email list <u>planning@bcochicago.org</u>.

The BCO acts as a steward for the green space at 5384 N. Bowmanville Avenue and for our community gardens along Bowmanville and Ravenswood Avenues. We also continue to look for opportunities to expand and improve on green space in our community. We need your help as we continue to move forward with our goal of ensuring Bowmanville is one of the greenest, most livable communities in Chicago. We are currently exploring expansion of the vegetable gardens on Ravenswood Ave. Please contact greenspace@bcochicago.org to get involved.

<u>The Public Art committee</u> was formed in 2010 to explore the idea of a mural in the Berwyn pedestrian tunnel at Ravenswood. That idea became reality very quickly! A restoration of the painted interior in took place Summer 2016. Contact <u>publicart@bcochicago.org</u> to get involved or with new ideas.

# Inspired by Many to Make Bowmanville Better

Dear Neighbors,

When you hear about various developments and events in our community, it's easy to forget about the many unpaid helpers who make them happen. It is my sincere hope that the folks named below inspire each of you, as they have inspired me, to make our community a better place for all of us. I would like to give a shout out to all of you amazing Bowmanville crusaders who contributed your time and effort towards bettering our community recently. A heartfelt thank-you to each of you!

To Paula Palmentera, Donna Martin, Stacey Shintani, Claire Shingler, Denise Barba, Lorelei Macbeth, and neighbors and Amundsen High School art students: Thank you for restoring our beloved mural in the Berwyn tunnel. It looks absolutely spectacular!

To Michelle Wilson, Claire Shingler, Kate Clark, Peter McFadden, Mona Yaeger, Jeff Graves, Jack Beaupied, Kathleen Moran, Sabine Cummins, Dan Lias, Craig Hanenburg, and Billy Kuczek: Thank you for helping to make the inaugural Ravenswood on Tap a smashing success!

To Laura and Bill Schmidt, Craig Hanenburg, Beth Emperor, and Juliet Cella-Blumenthal: Thank you for making the 2016 Street Sale a triumph!

To Sabine Cummins, Laura Austin, Claire and Todd Shingler, Chris Lozier, Barbara Beyers, Hemal Vyas, Jerry Anderson and to RPMS students: Thank you for beautifying the Balmoral Nursing Home. The improved grounds look glorious!

To Craig Hanenburg, Billy Kuczek, David Johnston, and B.A. Church: Thank you for all of your work on the 2016 Garden Walk, as well as for maintaining all of our gorgeous community gardens! I think many would agree that the Garden Walk is a hallmark Bowmanville event, and it's because of your efforts.

To Stew Weiss: Thank you for putting a seemingly endless amount of time towards exploring an opportunity to expand the Gateway Gardens.

To Ann Scholhamer: Thank you for all the years you facilitated the Summer Social! It's such a terrific way to spend time with neighbors. Thank you for working with Jen Stubbs to bring a Nature Play Group to our Greenspace.

To Tim Noworyta, Joey Chiappetta, Claire Shingler, and Ann Scholhamer: Thank you for your tireless efforts making our newsletter not only informative, but aesthetically pleasing!

If you contributed to a project, and I neglected to mention you, thank you, too! I'm honored to be a part of Bowmanville and delighted to see all that the BCO has accomplished. Yet there's always more to be done. The community needs volunteers to keep this going. Please join a committee or project (contacts on page 2) and help us keep our community thriving.

Enjoy the rest of summer.

William Ferguson, BCO President



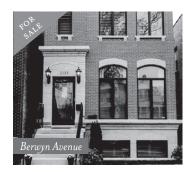
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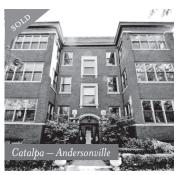
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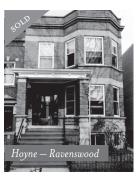
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# **Berwyn Pedway Mural Restored**





If you haven't walked through the pedestrian tunnel under the Metra tracks along Berwyn Avenue lately, put on your shoes and go! The vandalism has vanished, and the mural is now restored to its original, beloved state.

The restoration was a collaboration between members of the community and art students from Amundsen High School. The project was coordinated by Paula Palmentera, Donna Martin, and Stacey Shintani, all of whom live near the tunnel and were thrilled to contribute to the "feel good vibe" of the neighborhood.

#### **Cleaning and Painting**

On a Sunday afternoon in early June, families and friends gathered to sand over the tagged areas, wash down the entire mural, and sweep debris out of the tunnel. Todd Shingler even gave the entire tunnel floor a thorough cleaning with a power washer.

The next day, Amundsen visual arts teachers Denise Barba and Lorelei MacBeth led 20 students in mixing colors to match the underlying mural and carefully painting over the graffiti to match the original art. In some cases—like the blowing east wind figure—the destruction was so thorough that the students drew and painted on blank surfaces.



The result has delighted both the residents who participated in the original painting and mosaic project in

2011 and the newer members of the neighborhood. Gratitude for the volunteers has poured in through the BCO's Facebook page and in a display of letters and photos at Amundsen.

Many thanks to Thybony Paint in Andersonville for the discounted paint and free advice, to Let Them Eat Chocolate in Bowmanville for donating

gelato bins and takeout containers for mixing paint, and to the many Bowmanville neighbors who donated step stools, rags, drop cloths, brushes, wagons, tables and snacks.

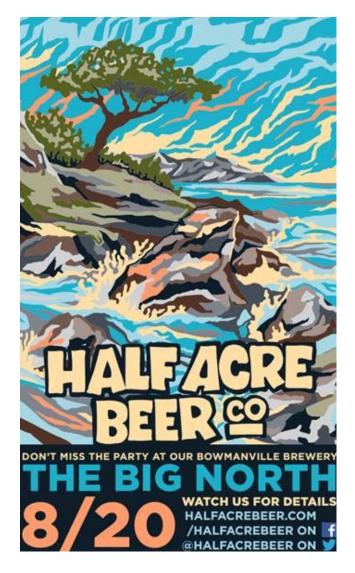
#### What's Next?

Paula, Donna, and Stacey hope to collaborate with Denise and Lorelei on another neighborhood beautification project with Amundsen students starting in the fall. In the meantime, they're dedicated to keeping the mural free of destructive graffiti.

If you notice any fresh tags in the tunnel, or if you'd like to join a list of folks who will paint over any that does appear, send a note to <a href="mailto:berwynmural@gmail.com">berwynmural@gmail.com</a>.







# The BCO Needs YOU! Consider Joining the Board of Directors

Looking for ways to help make Bowmanville an even better place to live, while creating new friendships and having a voice in what goes on in our neighborhood? Please consider joining neighbors to be a part of the positive change you wish to see. The BCO is looking to add members of the community to our board. The success of BCO — and Bowmanville — depends on the number and leadership of the individuals involved. Through board leadership and community engagement, we'll be able to continue to address local issues, initiate neighborhood-improvement projects and create a safer, more beautiful and more enjoyable community.

Add your voice and talents to a group dedicated to working for a better Bowmanville. Board members are elected at the Fall BCO Open meeting. Being a part of the BCO board gives you an opportunity to have an impact on the neighborhood you live in.

Reach out to <a href="mailto:president@bcochicago.org">president@bcochicago.org</a> to nominate yourself or a neighbor for a board position.







# Local Soccer Camp Has UK Accent

Every June for the last seven years,

many neighborhood children ages five to 12 have started their summers with a local soccer camp in Winnemac Park offered by Coach Rob Etheridge, a UK native. Coach Rob, now a travel club owner, is a former semi-pro European soccer player, high school coach and semi-pro women's head coach. Through the camp, he continues to share his experience and passion for soccer with kids in our area. He regales them with his British humor and 25+ years of professional coaching experience in the hope of inspiring them to pursue soccer. "The world could always use more Messi's," he says.

With the help of knowledgeable assistants, Rob creates an environment on the field that gives all children an opportunity to work at their own pace, individually and on a team, to cultivate a sense of confidence and competitiveness that will be useful both on and off the "pitch." Kids sweat with a smile as they endeavor to learn new skills or compete against the opposing "team" of camp kids. Parents delight seeing their children acquire not only a new or enhanced skill, but also new friends. The fact that so many children and parents return year after year affirms both the

positive experience they have and the need for a local soccer camp with quality instruction.

"We love Rob's soccer camps," says Eric Rojas, one of the parents who sends their children to the camp. "Our kids come home and talk about the drills and games they played. The Winnemac Park location brings the neighbors and kids together on summer mornings."

The camp started seven years ago through the initiative of Claire Shingler, a mom of young children and an active member of the community. Claire recognized a need for both good soccer instruction and local activities that could occupy children during the summer. Many parents and children are grateful for the exposure it has given their children.

"My two boys have been coming to soccer camp for four years and look forward to it every year" says Lisa Scott of Lincoln Square. "I highly recommend this camp for any boy or girl who has interest in learning more soccer".

Fortunately, and at the request of many parents, **Rob is offering another four-day soccer camp beginning August 8.** It is intended to supplement the early summer camp and give players the opportunity to fine tune skills they may need for the fall soccer season. All children between the ages of five and 12 are welcome.

For more information on soccer camps with Coach Rob, please send inquiries to noellebe@yahoo.com.



#### Bowmanville Biz Beat

# **Ashtanga Yoga School Opens in Bowmanville**

When you hear the word "yoga," what image pops into your head? For many, it's vaguely synonymous with "stretching" or "calm." But for Griffin Litwin and Amelia Cranson, owners of the new Ashtanga Yoga Room (AYR) on the corner of Damen and Foster, it's much more than that. Yoga is a way to dramatically and permanently improve the quality of your life by eliminating pain and discomforts, developing confidence and ease, and increasing self-awareness.

That's because they practice and teach Ashtanga Vinyasa Yoga, an active and energetic approach to well being that combines movement, breath and one-pointed concentration to achieve lightness, grace and balance of body and mind. To do that, this therapeutic system emphasizes *tapas*, a Sanskrit word that refers to the literal and metaphorical "heat" generated by daily practice of sequences of movement that stimulate growth physically, emotionally, and mentally.

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#### **Personalized instruction**

Unlike studios where everyone does the same poses at the same time, classes at AYR are personalized to each student. "We offer individual instruction and a practice customized just for you," says Griffin. "We teach as they do in India, one pose at a time. So you work at your own pace and are in control of your practice. We discuss your situation and goals, answer your questions and provide physical adjustment and feedback to help you grow. In this way, the heart of the practice can unfold: a moving meditation.

"Many forms of exercise target specific muscle groups to strengthen or stretch. But Ashtanga Vinyasa is different. I like to say that we're trying to use all our muscles, all the time, just in different relationships and positions. Every movement you make affects your whole body, and in Ashtanga Vinyasa, we use that to our advantage. Although we start with the movement of the body, you'll notice the benefits quickly ripple outward and influence your thoughts and reactions, your breath and your relationships.

"The only thing you need is willingness. Sedentary, athletic, injured, young, old, happy, insomniac— it doesn't matter here. Ashtanga meets you wherever you are. So it's appropriate for everyone, from those who have never done yoga before to longtime Yogis."

#### All are welcome

Ashtanga Yoga Room (the only Yoga school in Chicago to teach the Ashtanga method exclusively) welcomes any practitioner, whether you've never tried Yoga before in your life or have been practicing for years. There's also a community class offered on a donation basis on Sunday evenings.

Griffin and Amelia are both highly trained and knowledgeable teachers who have worked with many of the leading Ashtanga teachers, both in the U.S. and in India, and combine a study of anatomy, biomechanics, psychology and philosophy with traditional yoga methods. They are eager to share their knowledge with others who wish to put the power of Yoga to work in their lives.

For more about them, Ashtanga Vinyasa Yoga, the Ashtanga Yoga Room, and their classes visit <u>www.ayrchicago.com</u>. And be sure to take advantage of a great introductory offer for readers of the *Bowmanville Bee* — only \$25 for your first week at AYR!



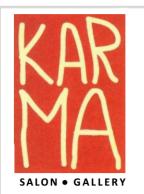
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## A Greener, Sustainable Bowmanville

# 18th Annual Bowmanville Garden Walk - What a day!

(continued from page 1)

A team of five Master Gardeners from the University of Illinois Extension Master Gardener Program — Nancy Hester, Mary O'Connor, Susan Joy Schleef, Laurie Sherman and Jackie Tanaka — were busy answering questions at the popular "Ask a Master Gardener" table in the Green Space. This program has been a Garden Walk partner for the past 10 years and is an important resource for promoting gardening and developing sustainable food sources.

A team of three more Master Gardeners — Linda Blaser, Reuben Rios and Pat Morin — worked all day to review the thirteen gardens that asked to be evaluated. In addition, Master Gardener Pierre Poinsett returned this year to visit seven gardens on consultations to offer advice and suggestions.

Using a 4-H point system, the Master Gardeners also presented a number of other awards to participating gardeners, based on such criteria as design, creative use of plants, and neighborhood enhancement.

- Blue Ribbon (90 to 100 points): Emanuel Lopez, Charlie Jones
   & Ed Aguirre, Jeff Graves & Jack Beaupied, Russ Klettke, Colleen Sheehan, and Ward Wilson.
- Red Ribbon (80 to 89 points): Leavett Wofford & Tom Kennedy, Maria E. Velazquez, and Maria R. Velasquez
- White Ribbon (70 to 79 points): Jean Losek
- Green Ribbon (69 or fewer points): Juliet Cella, David Johnston, Jennifer Miller

In addition, Colleen Sheehan on Balmoral Avenue received a **Teal Ribbon IMPACT! Award** for her garden's "wow" factor, created by interesting walkways, tranquil Buddhist spaces, and pink hibiscus accents. Diana Leifer was recognized with the **Pauline Messier Garden Hospitality Award** for being such a gracious host to visitors. B.A. Church was honored with a **Community Garden Stewardship Award** for her many hours of work in getting the West Gate Garden in shape for the Walk. Jean Niederman and Robert Nicklas were recognized as **Exceptional Garden Walk Volunteers.** 











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Also, of the 17 corner gardens featured on the Walk map, the Garden Walk Committee selected the one at the NW corner of Berwyn and Leavitt, beautifully maintained by Jenna and Gary Morabito, to be the picture in the Garden Walk program booklet. Nice work, Jenna and Gary!

Second Place Runner Up in the popular Garden Photo contest went to Deb Petritsch for *Summer Hummer*, and Third Place Runner Up went to Ward Wilson for *Dragonflies*. View those beautiful photos and more from the Garden Walk on the BCO website at <a href="https://www.bcochicago.org">www.bcochicago.org</a>

Congratulations and thank you to everyone who took part in the garden walk and photography exhibit.

# **Bowmanville Garden Walk - Special Thanks**



Welcome table volunteers Karin Sax, Wendy Fairchild and B.A. Church



Thom Heil and Rob Frisch at the Balmoral Welcome table

Putting on an event like the Garden Walk takes a lot of work and support. So a big **THANK YOU!** goes out to the many people and businesses that made it such a great success. These include the volunteers who staffed the Welcome tables, consulting Master Gardener Pierre Poinsett, the sponsors and advertisers (see below), the gardeners, the BCO members who worked on planning, administration, signage and other communications, and the many visitors who attended, like Congressman Mike Quigley, a regular for years.

Special thanks go to:

- •Craig Hanenburg, who led the event and hosted a fun Awards Party with Billy Kuczek. The Walk simply could not have happened without him, and the party was a great way to cap off the Walk. Thanks, Craig!
- •Barry Kafka, for his superb design and layout of the 2016 program booklet.
- •Roy Ahlgren and Robert Nicklas, for guiding the Master Gardeners through the neighborhood.
- •Diana Leifer, for hosting the Master Gardeners for lunch.
- Farragut Book Club for gluing the map fan handles so our many visitors could navigate the neighborhood and keep cool.

And extra special thanks go to the Garden Walk sponsors and advertisers for gifts and support that made the Walk a first-class event:

- Gethsemane Gardens for Best in Show Garden and Photo Contest prizes
- Thybony Paint and Wallpaper for the paint sticks used to create our Walk Map Fan
- Jeff Graves of North Edge Group and Georgios Kalabogias of Farmers Insurance for sponsoring BCO summer events and the Map
- Barbara O'Connor for sponsoring the Master Gardener teams
- Ben's Noodles and Rice for food at the Awards Party
- All of our great advertisers for making the program book and other communications possible:
  - ★ G.V. Jewelry ★ All Star Carpet Care ★ 40th Ward
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    Redstone Builders ★ Spiteful Brewing ★ State
    Representative Greg Harris ★ Urhausen Greenhouses

#### Make plans now for the 2017 Walk

The 19th Annual Bowmanville Garden Walk will take place on July 15, 2017. Watch for more information in the months ahead, and meanwhile contact Craig Hanenburg at <a href="mailto:treasurer@bcochicago.org">treasurer@bcochicago.org</a>. Happy gardening!

# State Representative Greg Harris - 13th District

1967 W. Montrose Ave. Chicago, IL 60613 Ph: 773/348-3434 Fax: 773/348-3475 Greg@gregharris.org



Thank you Bowmanville Community Organization for your service to our community!

www.GregHarris.or



# Thousands Enjoy Local Brew at Ravenswood on Tap

It was sunny and hot on June 25 — perfect weather for having a cold beer or two. That's what roughly 6,000 participants did at the first-ever Ravenswood on Tap craft beer festival, which featured libations from local breweries, along with food, live music and local retailers.

The event kicked off at 3:00 p.m., and within an hour people were lined up along Foster Avenue waiting to get in for a taste of micro-brews from Andersonville Brewing, Aquanaut Brewing Company, Band of Bohemia, Begyle Brewing Company, Dovetail Brewery, Empirical Brewery, Half Acre Beer Company, Metropolitan Brewing and Spiteful Brewing, as well spirits from Koval Distillery. Some 3,000 rushed the serving areas in the first two hours, filling the block of Ravenswood between Foster and Winona where the event took place and causing some of the breweries to literally run dry. The owners of Spiteful Brewery on Balmoral said they poured just about everything they had that wasn't for distribution.

BCO partnered with the Greater Ravenswood Chamber of Commerce (GRCC) and Empirical Brewery in promoting and implementing the event. Many BCO volunteers helped with the event, sold t-shirts and provided information about our neighborhood. In return, BCO will receive a percentage of the proceeds, which, given the large crowd, can make the event a great fundraiser for the community.

Planning is already underway for next year's event. In addition to making sure more beer is on hand, organizers want to bring in more food vendors. (A food truck convention downtown on the day of the festival made it difficult to get the trucks to come up for it this year.) They will also take steps to better handle a rush. Word about this fun event is getting out. So if the weather is anything like it was this June, there could be even more beer poured next year!



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# **Bowmanville Nursing Home Patio Spruce-Up**

A spring community outreach project of the BCO and Rogers Park Montessori School has not only improved the outdoor patio of the Balmoral Nursing Home for its residents and neighbors. It has also enriched the lives of the volunteers who created an art installation, planted new landscaping, and painted the patio area at 2050 W. Balmoral Avenue.

The home's management welcomed the outreach and are grateful for the support and upgrades. Neighbor feedback has also been positive. Most important, feedback from the residents of the nursing home has been overwhelmingly positive. One quiet resident greeted volunteer Claire Shingler at the fence one day and said, "Thank you for caring to make this better for us." That says it all, really, and reflects what we can do — something to make life a little better and show that our community cares about the people living there.

Several nursing home residents rolled up their sleeves to work alongside volunteers helping with the improvements. A big thank you to nursing home residents Douglas, Bonita, Chuck, Bob and Solomon for their willingness to pitch in. Many thanks to Bowmanville and RPMS volunteers who made it happen: leads Claire Shingler, Laura Austin and Sabine Cummins were joined by Jerry Anderson, Barbara Beyers, Kurt Mergen, Jennifer Jones, Hemal Vyas, Chris Lozier, Todd Shingler, Eliza Fournier, and Scott Cummins. This effort mattered, in big ways and small ways, and shows what reaching out and working together can do for our neighborhood.



Balmoral Nursing Home resident Douglas stabilizes a birdhouse during installation



Volunteer Barbara Beyers (center right) takes a break from landscape work with Douglas. Solomon and Bonita



New blue paint creates a nice backdrop for new landscaping



New birdhouses make a statement adjacent to the patio



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#### Local School News

# Look at All the Great Schools We Have!

Judging by the number of kids seen at the Bowmanville Summer Social (this year's is on Saturday, August 13), we have a LOT of children in our neighborhood. One reason may be the great educational opportunities within a stone's throw of our community. The good news is our communities' public neighborhood schools are strong and continuing to improve, and good private and alternative public options abound. In case you aren't familiar with them, here's a quick rundown of some nearby schools that make Bowmanville great for families.

Amundsen High School (9-12 public neighborhood school for Bowmanville). While the Chicago Public Schools (CPS) allows students to apply to any high school in the system, our neighborhood's Amundsen has made great strides in recent years, advancing to CPS's Level One quality rating, the second-highest possible score. The work of new (since 2012) principal Anna Pavichevich is strongly credited for this rise. Their IB program is an attractive destination for motivated students.

Eliza Chappell Elementary (preschool-8 public neighborhood school for Bowmanville). Our neighborhood public elementary school has achieved a Level One-Plus rating, the highest possible in the CPS system. Attorney Ann Kaplan-Perkins, a Bowmanville resident who was recently elected to the Chappell Local School Council (LSC), attributes this to the extraordinary efforts of the principal, Joseph Peila, to prioritize high standards, as well as to the dedication of the teachers to nurturing the whole student. Also, the very active Friends of Chappell provide additional resources through special events and outreach.

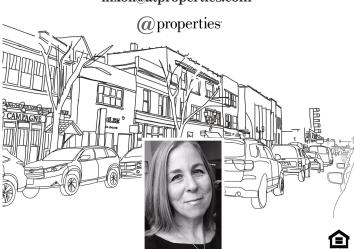
<u>St. Matthias Elementary</u> (PK-8). This Catholic school recently raised \$1.19 million in a capital campaign to build three new classrooms on their Lincoln Square property. The school emphasizes a STEAM curriculum (science, technology, engineering, arts and math).

Whether you're currently considering a move, or it's still some time down the road, now is the time to begin the process. Your first step is easy: *talk to me*.

I'm your neighbor - a knowledgable, experienced, and competent broker. One who knows the neighborhood, and has successfully helped people move in/out of the Chicago-area since 2007.

It's never too early to plan ahead.

Marian Nixon (773) 987-2910 nixon@atproperties.com



North Park Elementary School (PK-8). This tuition-based school reports cumulative (and impressive) Rasch Unit scores for its students. The school was founded in 1980 as an affordable alternative to the public school system, providing a full academic curriculum with an emphasis on critical thinking and personal creativity.

St. Philip Lutheran (PKI-8). Located just west of Western Avenue, this parochial school boasts an outstanding technology program, foreign language classes, music education and problem solving classes. Computer learning begins in the first grade.

<u>Pilgrim Lutheran</u> (PK-8). Located south of Montrose in the North Center neighborhood, this parochial school was cited by Chicago Parent Magazine for employing kinesthetic activities – stretching, dancing, singing to stimulate blood flow – in association with learning and testing. Almost all graduates (95%) are accepted into competitive CPS high school programs.

Rogers Park Montessori School (PK-8) – This tuition-based school has many students who walk to school within Bowmanville. The Montessori philosophy includes multi-age classes in three-year groupings, which provides for peer teaching, role modeling and leadership experiences. Incidentally, the BCO is exploring cooperative projects for expanded gardening with RPMS in support of the school's environmental emphasis.

Families in Bowmanville send kids to all of the above schools, as well as to other elementary schools including Pierce, Burley, Blaine, Bell, Coonley, Decatur, Disney, Uno Charter School of Rogers Park, Northside Catholic Academy, Queen of Angels, St. Andrew, and Francis Parker. High schools beyond Amundsen where you'll find Bowmanville students include Von Steuben, Northside College Prep, Jones College Prep, Lane Tech, Loyola, St. Ignatius, Gordon Tech, and more. This list is not exhaustive — if anyone wishes to highlight a school that Bowmanville kids are attending, please send info to be shared to

<u>RussKlettke@gmail.com.</u> Perhaps a neighbor meet-up to talk about elementary or high schools could be valuable in the future, there is a wealth of knowledge amongst neighbors. If anyone wants to lead to set that up, contact <u>events@bcochicago.org</u>.

#### Local School News

# **Chappell Wins Grant to Upgrade School Garden**



Friends of Chappell Elementary is thrilled to announce that Lowe's has awarded funding for upgrades to the School Garden through its **Toolbox for Education Grant Program**. The grant will support garden expansion, including improvements to plant beds, building of a trellis and the purchase of garden supplies for the coming school year.

Two years ago, Chappell started a school garden project in partnership with

**Gardeneers**, a local nonprofit that provides curriculum support and garden maintenance. The mission of the garden is to complement and strengthen the existing school curriculum through garden education. Lesson plans and activities include hands-on gardening lessons, discussions, arts and crafts and games centered around nutrition, community and environmental stewardship.

"Our school will greatly benefit from this grant. We wish to thank our friends at Lowe's for generously supporting this important project," said Erika Hostetler, President, Friends of Chappell Elementary.



All K-12 public schools in the United States are eligible for the Toolbox for Education program. More information is available at <a href="https://www.ToolboxforEducation.com">www.ToolboxforEducation.com</a>. To learn more about Friends of Chappell Elementary School, please contact <a href="mailto:friendsofchappell@gmail.com">friendsofchappell@gmail.com</a>.

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# Wilder Wonder Nature Play



Our family moved to Bowmanville in May 2014 and it wasn't long before my daughter and I found our way to the Bowmanville Greenspace. This little patch of green consistently provided us with the opportunity to discover nature together. When I completed my masters program in Child Development at the Erikson Institute in April of 2015, having immersed myself

in the world of nature play during my internship at the Brookfield Zoo, I started to think about ways that I could share my experience.

While playing "kitchen" at the Greenspace one afternoon, using stumps as stoves, it occurred to me that this unique place would be the perfect setting for a nature play group for young children. My vision was to provide a few simple nature-based activities that children and caregivers could engage in together. My hope was that these activities would give rise to more spontaneous nature play and enkindle a sense of wonder for the natural world. I approached the Bowmanville Community Organization with my idea, and was met with enthusiasm and support. This past May, I began facilitating the BCO Nature Play Group. It has brought me so much joy to see the amazing things that have unfolded over our first season. Thanks to all who participated!

Contact Jen Stubbs at <u>BCONaturePlay@gmail.com</u> to explore future ideas for nature playgroups, parties and more.

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# A Fond Farewell

Long-time Bowmanville resident James E. McIlvain Jr. died May 29 in Chicago at age 86. Mr. McIlvain ('Mac' or 'Mr. Mac' to many) was a member of nearby St. Gregory the Great parish and raised six kids with his late wife, Carol, in their home on Summerdale Ave. Those of us who knew him appreciated his friendly greetings and welcoming ways.

Jim was known to welcome guests in his lovely back yard anytime the umbrella was up over his picnic table. On the day of his funeral, the procession took a final drive by his home, where American flags lined his sidewalk in tribute to his U.S. Naval service, and the back-yard umbrella was up in a nod to his welcoming ways. A touching salute to a wonderful man and neighbor who will be missed in Bowmanville, at St. Greg's, and beyond.



Neighbors may remember the 70 cows that arrived in Mac's yard to celebrate his 70th birthday. Photo from <a href="http://www.legacy.com/obituaries/chicagotribune/obituary.aspx?">http://www.legacy.com/obituaries/chicagotribune/obituary.aspx?</a>
<a href="page=lifestory&pid=180162979">page=lifestory&pid=180162979</a>.

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# **Happy New Faces**



Wesley Adam Herbert. On December 25, 2015, Paul and Karen Herbert on Summerdale Avenue received a most wonderful Christmas present: a baby son, born at 1:07 a.m. and named Wesley Adam Herbert. As you can see, he's a happy, easygoing little guy who has a big smile for his Bowmanville neighbors.

"If you ask his big sisters Nora (age six) and Josie (age three), they'll tell you Santa brought him," says Karen. "We're delighted to have him in our family. We're also delighted to be in Bowmanville, where we've been since the summer of 2009. We like to take walks in the neighborhood, visit with our lovely neighbors and enjoy their beautiful gardens. It's a great place to raise kids."



Bennett Reid Jozwiak. On June 13, 2016, Rachael McClellan and Pete Jozwiak on Bowmanville Avenue welcomed their first child, Bennet Reid Jozwiak to the family. Pete is the son of long-time Bowmanville resident Betty Redmond, a former member of the BCO Board and Garden Committee Chair, who is still active

on the Planning Committee.

"It's pure joy to be a grandmother and to have three generations of the family living in the house," says Betty. "Bennett is growing like a bean sprout and a lot of fun to be around. Our walks around the neighborhood with him have been delightful, and a great prelude to bedtime!"





#### Health and Fitness



## Take a Walk!

On Sunday, September 25, people of all ages in the Chicagoland area will gather together for the 2016 Walk

to End Alzheimer's. The goal is to have 675 teams participate and raise \$1.2 million to work towards finding a cure for Alzheimer's. The Walk is an all-ages, all-abilities event, just 5K.

The Walk helps to build awareness of the disease and raise funds for Alzheimer's care, research and support. Alzheimer's is the sixth leading cause of death in the United States: 1 in 3 seniors will die from Alzheimer's or another dementia. But you and other members of our Bowmanville community can help make a difference.

#### Here's how:

- 1. Start a walking team. (It's not only a great cause, but an incredible team-bonding opportunity!)
- 2. Post/Share/Retweet on social media. Twitter // Facebook // Instagram
- 3. Post a flyer and/or hand out posters and postcards about the walk.

Any little bit you can give will help. Will you start a team? To learn more about the walk, register for it or make a donation, go to <a href="http://act.alz.org/Chicago2016">http://act.alz.org/Chicago2016</a>.



# Ravenswood Farmers Market Now Open

Open from 4:00 to 8:00 p.m. every Wednesday through September 14 at 4900 N. Damen, the market connects farmers and food producers to residents while offering neighbors a place to come together.

Along with fruit, vegetables, dairy and meat products, the market features hot, ready to eat food, ice cream, live music, children's craft and science experiments, and a rotating cast of guest artists, retailers, health and wellness providers, and nonprofit organizations. Ravenswood Covenant Church opens their playground to the market at 6:00 p.m. each week and hosts water balloon games to help kids beat the heat. For more information, visit www.ravenswoodchicago.org/farmersmarket.



A great day is planned Aug 13 thanks to our new SUMMER SOCIAL leads Jen & Steve Miller and Sean Mullin! Can you help?

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## Bee Contributions Welcome

Have a story to tell, a horn to toot about a good neighbor we should all know about, or an article to contribute? Submissions from all ages are welcome. Contact

BEE Counted — Advertise! Card Sized \$25 3.75" x 2" Quarter Page \$75 3.75" x 4.25" Half Page \$150 7.25" x 4.75"

For further information, or to reserve space in the next issue of the Bowmanville Bee please contact

ads@bcochicago.org or (773) 988-7664

# **Deadline for the Next Bee:** Sept 12

# Help Deliver the Bee!

Volunteers are always needed and welcome!

Contact (773) 349-2268 comm@bcochicago.org

# Need another Bee?

You can find them at the following local businesses:

- Byline Bank
- The Book Cellar
- Speedline
- Let Them Eat Chocolate
- Green Sky
- Pauline's
- Norwood Car Wash

# BOWMANVILLE COMMUNITY ORGANIZATION - MEMBERSHIP FORM --

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	☐ New Member	☐ Renewal	
Name(s)			
Home Address			
City			
Phone			
Email(s)			
Areas where I can help out in the co	ming year:		
Event Planning: ☐ Street Sale	☐Garden Walk ☐Sum	mer Social	☐ Fall Event (TBD)
Membership outreach	Gardening		☐ Finance
<ul><li>GreenSpace initiatives</li><li>Public Art initiatives</li></ul>	<u>~</u>	•	☐ Bee delivery rs, website, email, Facebook)
Please take a moment to answer the What year did you move to Bowman		-	us focus our efforts on your behalf
Do you live in a house or multi-unit b	ouilding? 🖵 House	🗖 Multi-un	it (>2 units)
How many adults (18-65) are in your	household? How ma	ny seniors (ov	er 65) are in your household?
How many children (under 18) are ir	your household?		
What type of new BCO programming	g would interest you?	·	
Comments or feedback?			

#### **BCO Calendar of Events**

(Committee contacts listed on page 1; check website for schedule updates)

Aug 11	Gardening Evening Gateway Garden	6:00 PM
Aug 10	CAPS Meeting Beat 2012@ St. Gregory's Church /Gym	7:00 PM
Aug 13	BCO Summer Social	12:00 Noon
Aug 20	The Big North at Half Acre Brewery	4pm-9pm
Seot 4	Gardening Evening Gateway Garden	6:00 PM
Sept 12	Fall Bee Deadline (Oct release)	
Sept 24	Gardening Day Bowmanville & GreenSpace	
TBD	Bowmanville Oktoberfest with Griffin Theatre	TBA
Oct 11	Gardening Evening Gateway Garden	6:00 PM
Oct 12	CAPS Meeting Beat 2012@ St. Gregory's Church /Gym	7:00 PM
Oct 20	BCO Annual Membership Meeting & Election	7:00 PM place TBA
Oct 22	Garden Workday Bowmanville & WestGate	